

Carbohydrates

CHE 2112

Carbohydrates

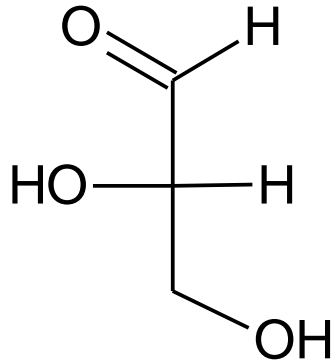
- Are polyhydroxy aldehydes or ketones and their derivatives
- Most conform to empirical formula $(\text{CH}_2\text{O})_n$

Classification

- 3 main groups - monosaccharide, disaccharides & polysaccharides.
- Sometimes 4th group known - oligosaccharides (2 to 10 monosaccharides)
- Oligosaccharides include Di, Tri, Tetra, and Penta,.....,Deca, - saccharides (*Give an example of each; Define a legume oligosaccharide and give three examples*)

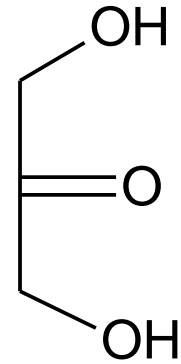
Monosaccharides

- Also called simple sugars
- Simplest carbohydrates
- Are aldehydes or ketones that have 2 or more hydroxyl groups
- Cannot be hydrolysed into simpler form
- Glyceraldehyde and dihydroacetone, with $n = 3$, are the smallest in this group.



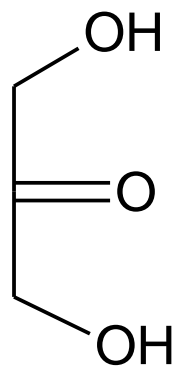
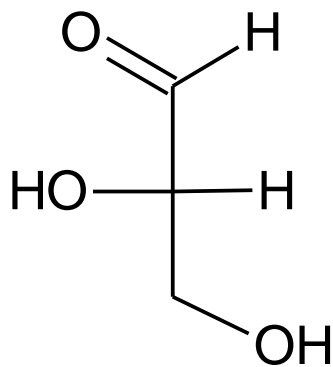
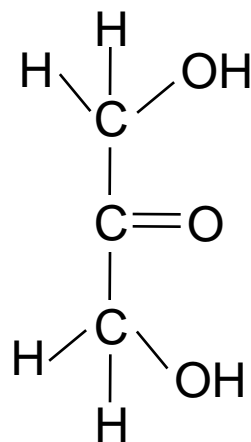
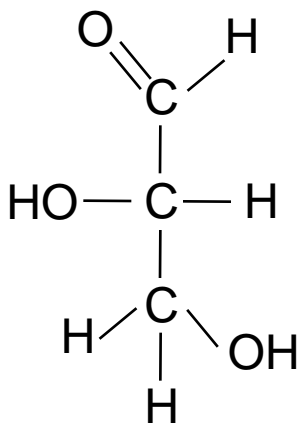
L - Glyceraldehyde

- An aldose
- Called an aldose because it is an aldehyde



Dihydroxyacetone

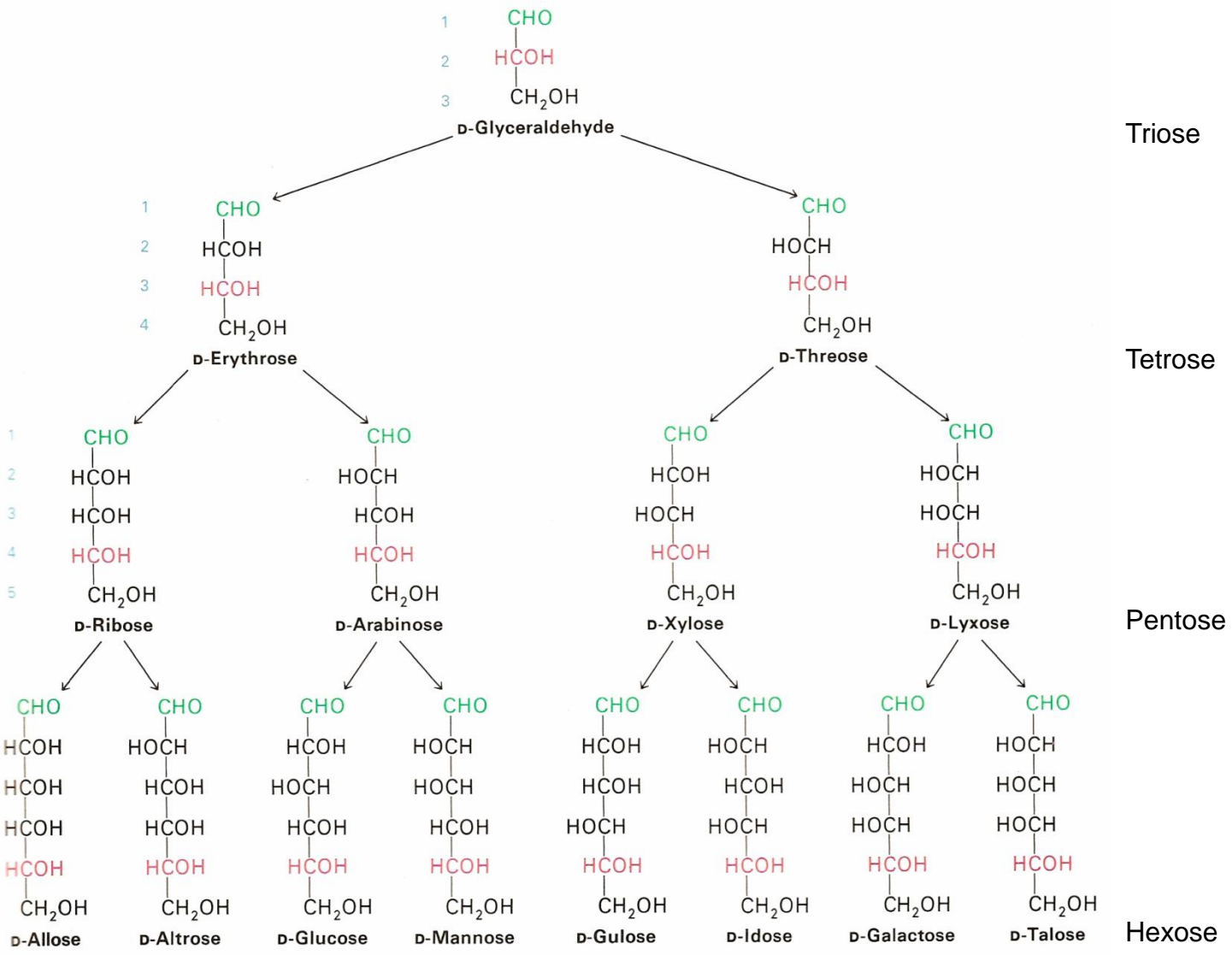
- A ketose
- Called a ketose because it is a ketone



L - Glyceraldehyde

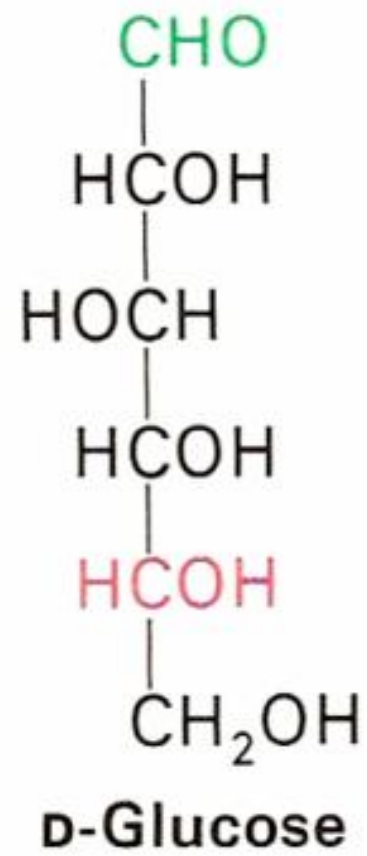
Dihydroxyacetone

- Depending on value of n in $(\text{CH}_2\text{O})_n$ or number of carbon atoms monosaccharides can be classified:-
 - $n = 3$ – triose
 - $n = 4$ – tetrose
 - $n = 5$ – pentose
 - $n = 6$ - hexose



Monosaccharide Isomerism

1. L and D Isomers (Use glucose as a model)
 - Orientation of H and OH around carbon atom adjacent to terminal primary alcohol determines whether the sugar is L or D (refer to preceding slide).
 - Most sugars / monosaccharides that occur in mammals are D – isomers.
 - Presence of asymmetric carbon makes them optically active.

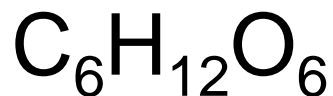


- Are able to rotate a beam of plane polarised light either to the Left or Right

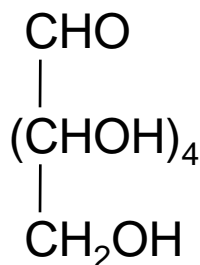
- The left thus levorotatory or designated with a negative sign (-)
- Or to the right thus dextrorotatory or designated with a positive sign (+).
- Therefore a molecule could be designated as either D(-) or D(+) or L(-) or L(+).
- An equal concentration of D and L isomers result in a racemic mixture, which does not rotate plane polarised light, as the 2 isomers cancel each other.

Formulae of Glucose

- Molecular formula can be represented in various ways, revealing different levels of information at a glance

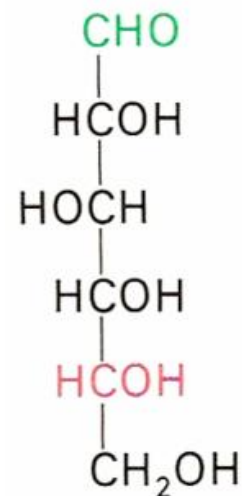


Molecular formula



Fittig Baeyer formula

- Functional groups

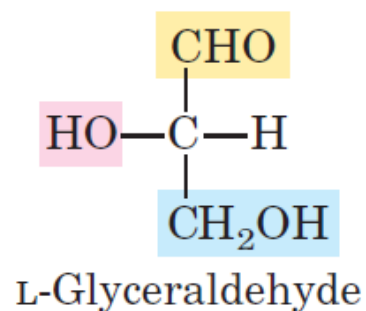
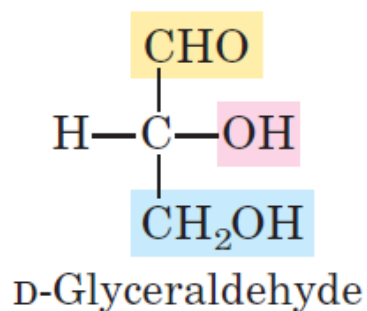


Fischer Projection formula

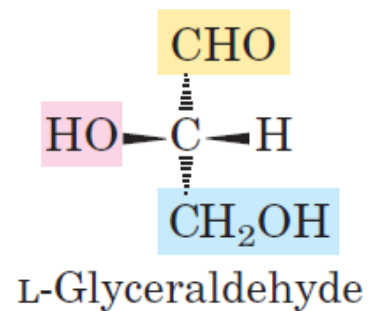
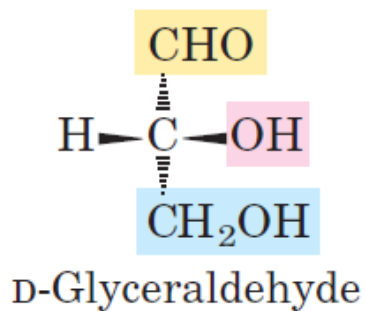
- 4 asymmetric carbons

- Work out total number of isomers ($=2^n$)

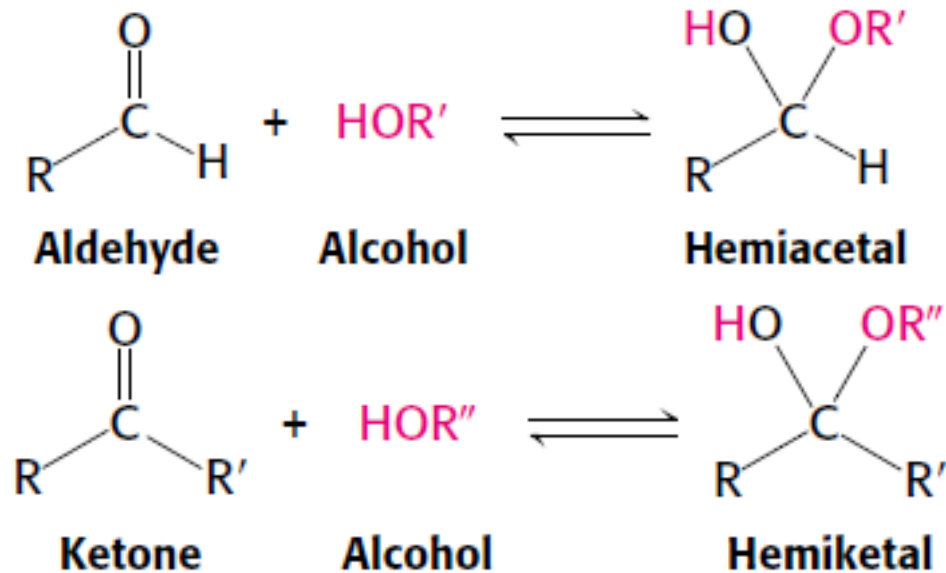
- Fischer projection perspective formula



Fischer projection formulas



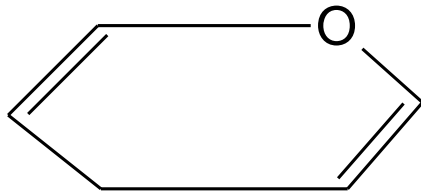
- All these formulae representation fail to explain all the properties of glucose
- Sugars' aldehyde and ketone groups react with hydroxyl groups to form hemiacetals and hemiketals



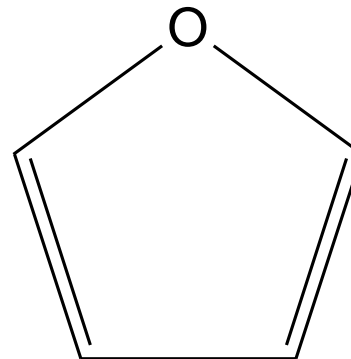
- Sugars with $n > 4$, aldehyde and ketone groups react with hydroxyl groups intramolecularly.
- This results in formation of 6-membered rings (pyranose) and 5-membered rings (furanose)
- 7 – membered rings are not possible due to molecular strains not allowing reaction between OH and CHO groups.

2. Pyranose and Furanose ring structures

- Monosaccharide form stable ring structures that are similar to pyran are called pyranose and those similar to furan are called furanose.
- Pyranoses sugars are more stable than furanoses sugars (pyranose formation has a ΔG° than that for furanose)

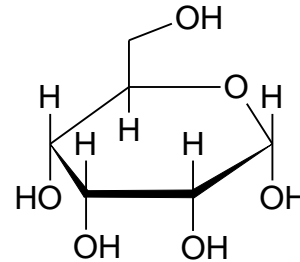


Pyran

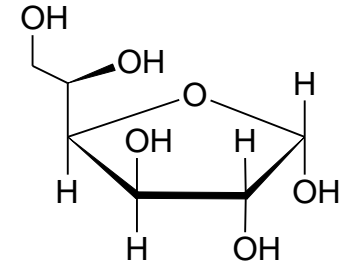


Furan

- These ring structures accounts completely for glucose's chemical properties

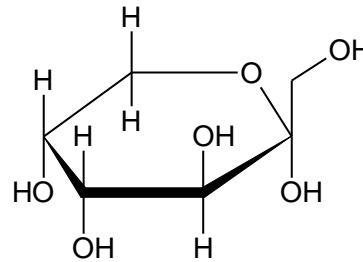


α -D-Glucopyranose
Or α -D-Glucose

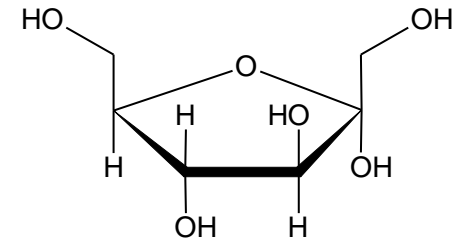


α -D-Glucofuranose

- Ketoses are also able to form ring structures



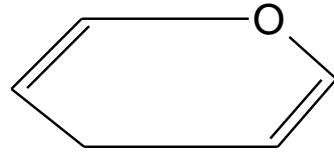
α -D-Fructopyranose



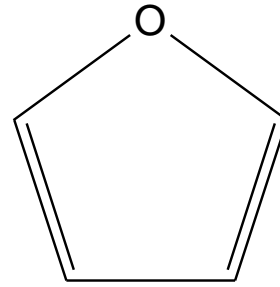
α -D-Fructofuranose

*Haworth Perspective Formula
Groups on the right written down
while groups on the left are
written up, except C₅*

A

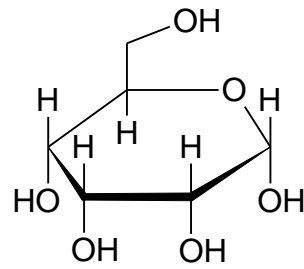


Pyran



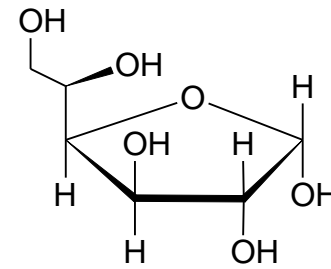
Furan

B



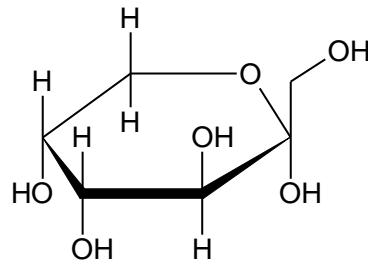
α -D-Glucopyranose

Or α -D-Glucose

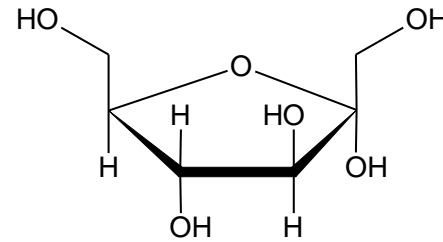


α -D-Glucofuranose

C

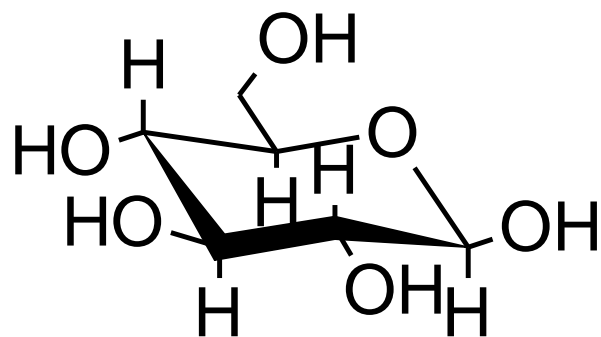


α -D-Fructopyranose

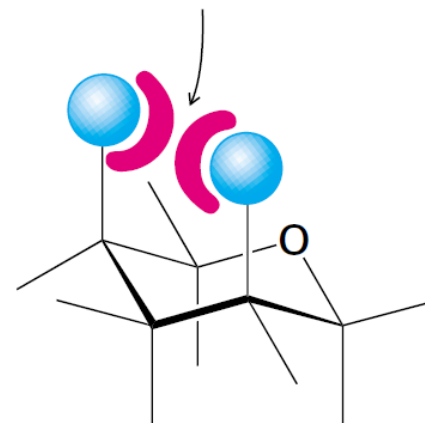


α -D-Fructofuranose

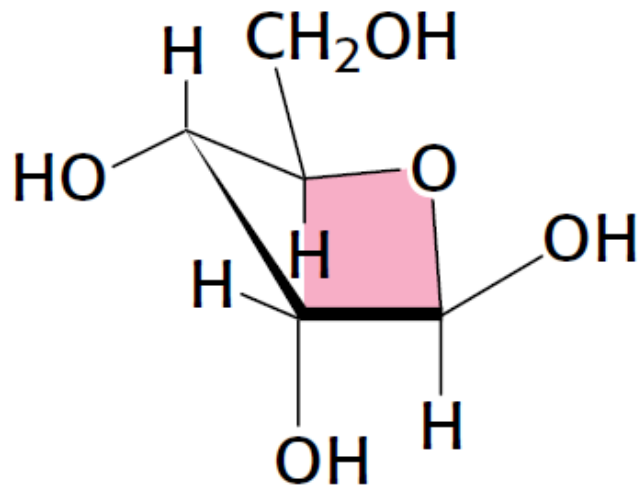
- Glucose solution exhibits 99 % in pyranose form and 1 % furanose form
- Glucose pyranose form has been found to be in the chair conformation with the larger substituents in the equatorial region as the chair conformation is energetically stable/favourable due to less hindrances



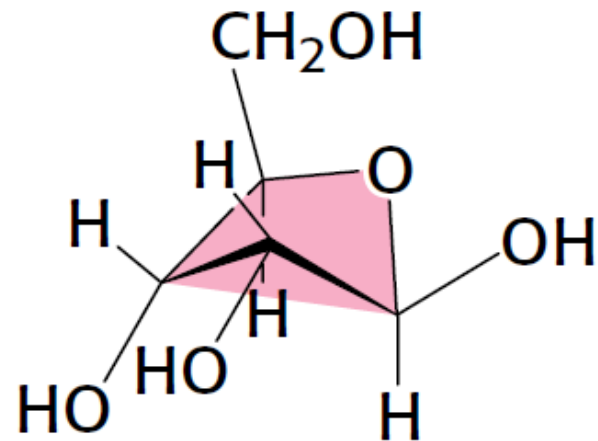
Steric hindrance



- Envelop confirmation of β -D- ribose
- C_2 – endo and C_3 – endo isomers exist due to changes in configuration at carbon atom 3 and 2.



C_3 -endo

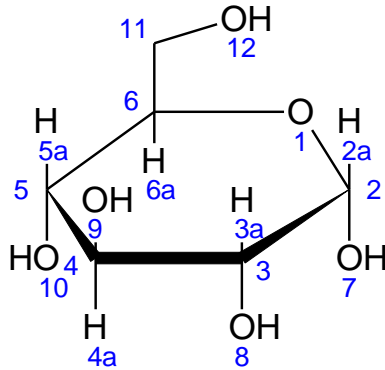


C_2 -endo

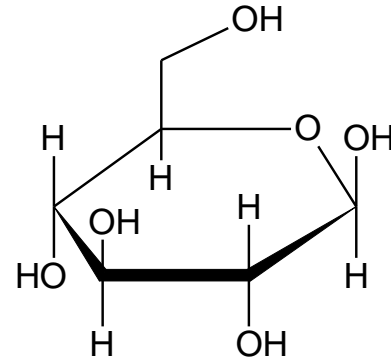
3. α and β anomers (Diastereoisomer)

- Cyclisation of linear glucose may result in α and β isomers due to the interchange of H and OH about carbon atom number 1 or anomeric carbon in the cyclic form.
- Isomerisation about carbon atom 1 or anomeric carbon result in a mixture of:-
 - 63% β -Glucopyranose
 - 36 % α -Glucopyranose
 - 1 % represented mainly by α - and β -Glucofuranose
- Inter-conversion or equilibrium result in optical rotation and interchange of H and OH about carbon atom 1 and is called **mutarotation**.

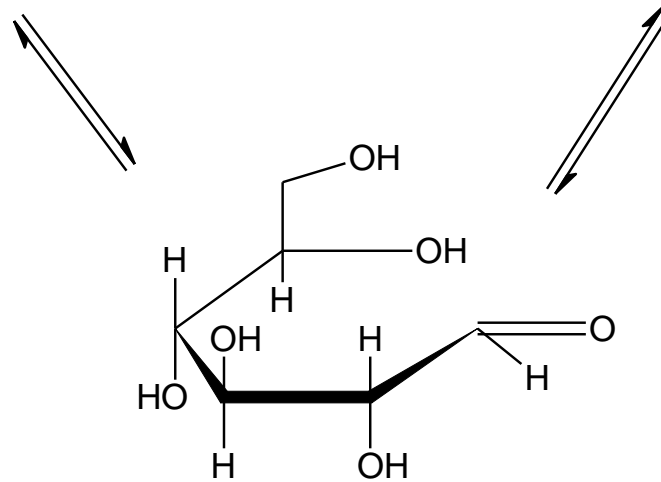
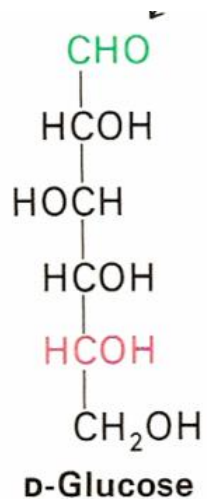
Mutarotation of Glucose



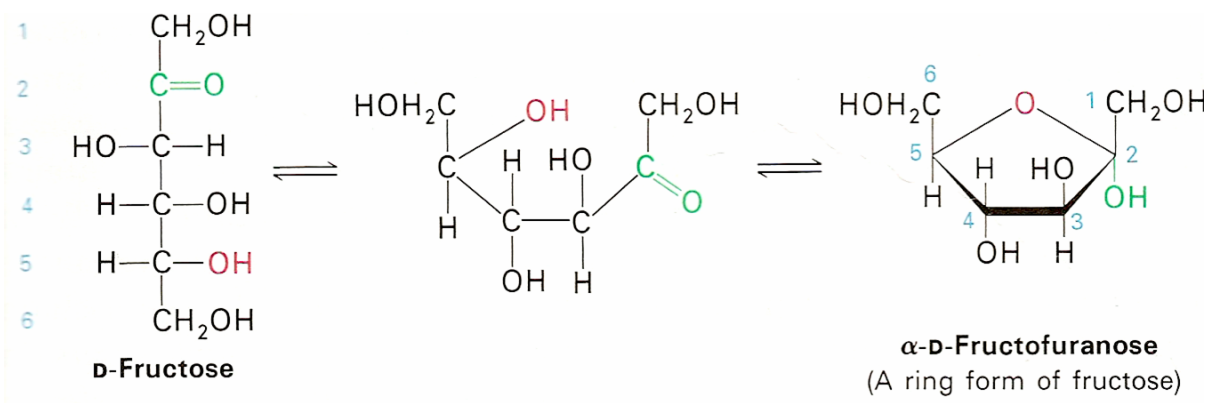
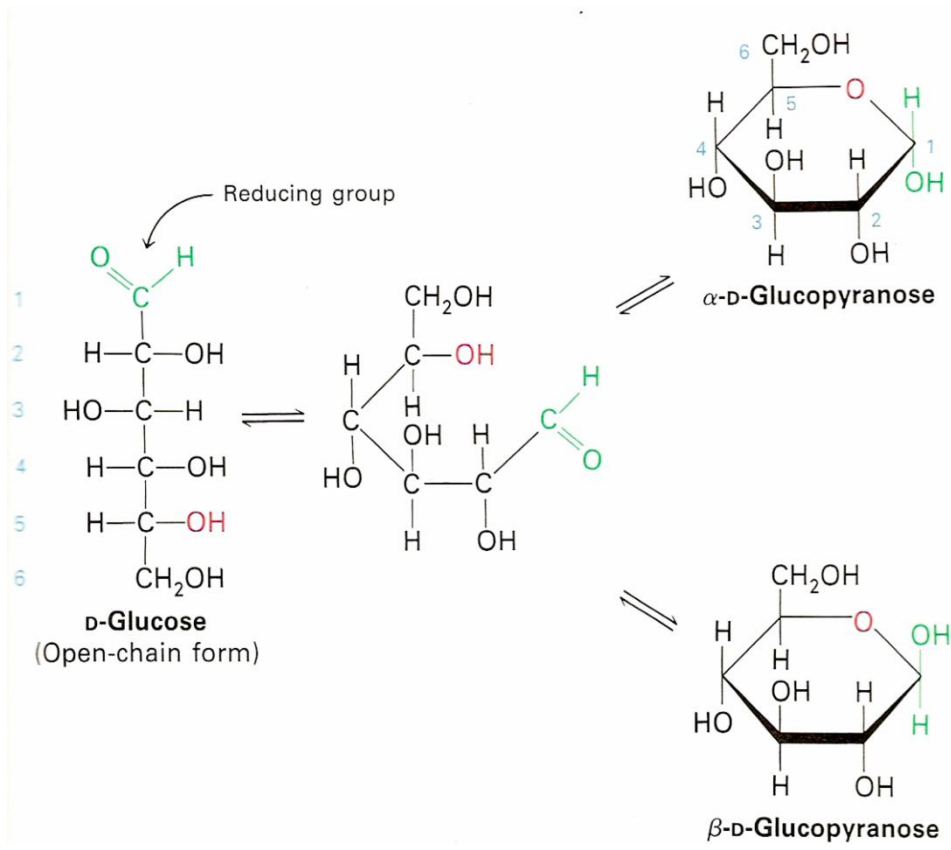
α -D-Glucopyranose



β -D-Glucopyranose

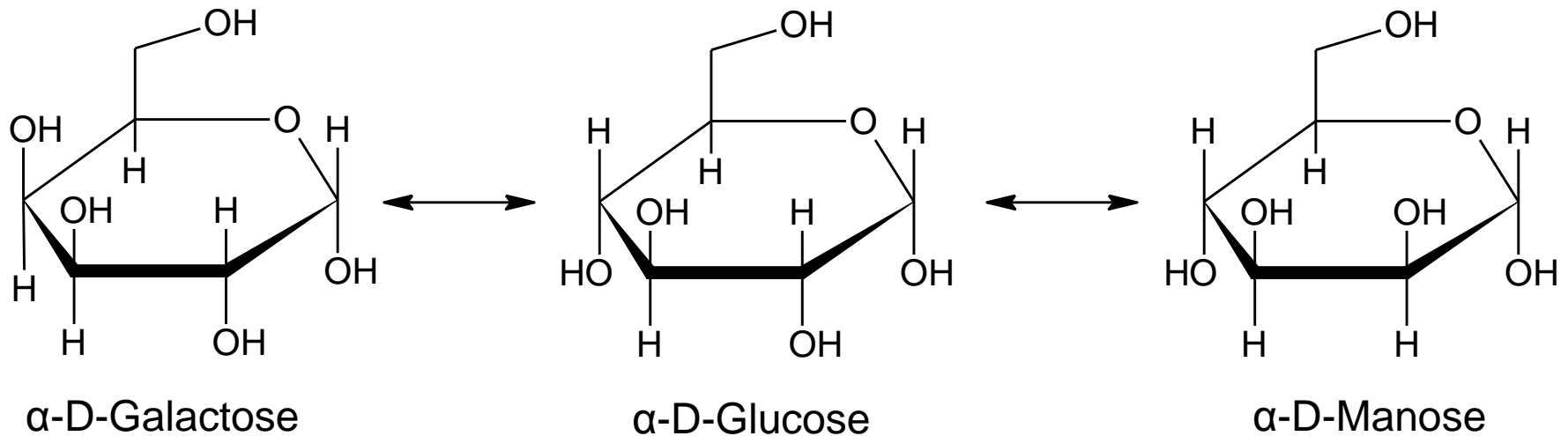


Acyclic Aldehyde form



4. Epimers

- Isomers of glucose differing in the position of H and OH at positions 2, 4, and 6 are called epimers.
- Epimers of glucose of biological importance are manose and galactose



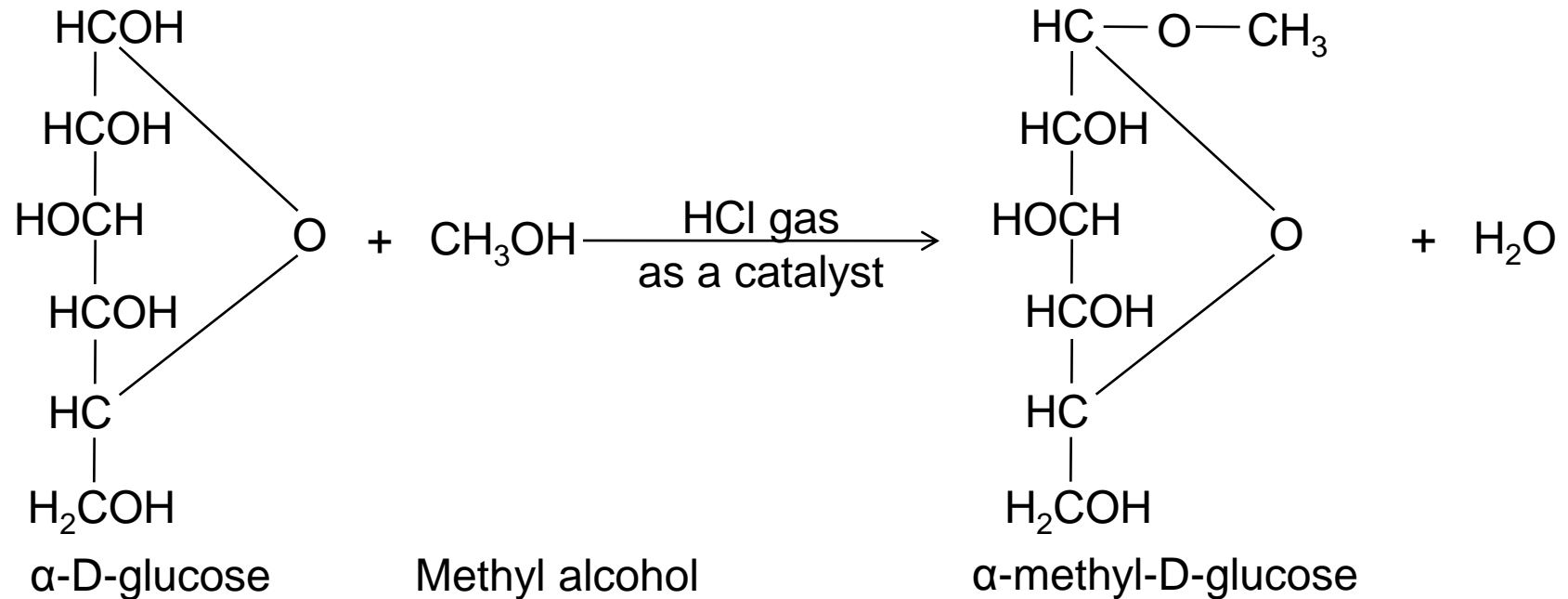
Epimerisation of Glucose

Chemical Properties

- Reactive groups in carbohydrates makes the reactive
- These are glycosidic OH, alcoholic OH and aldehyde (CHO)/ketone(C=O)
- α -form \leftrightarrow aldehyde/ketone form \leftrightarrow β -form
- Equilibrium shifts in favour of the reacting group

Rxn of Glycosidic OH group

- Reaction with alcohols

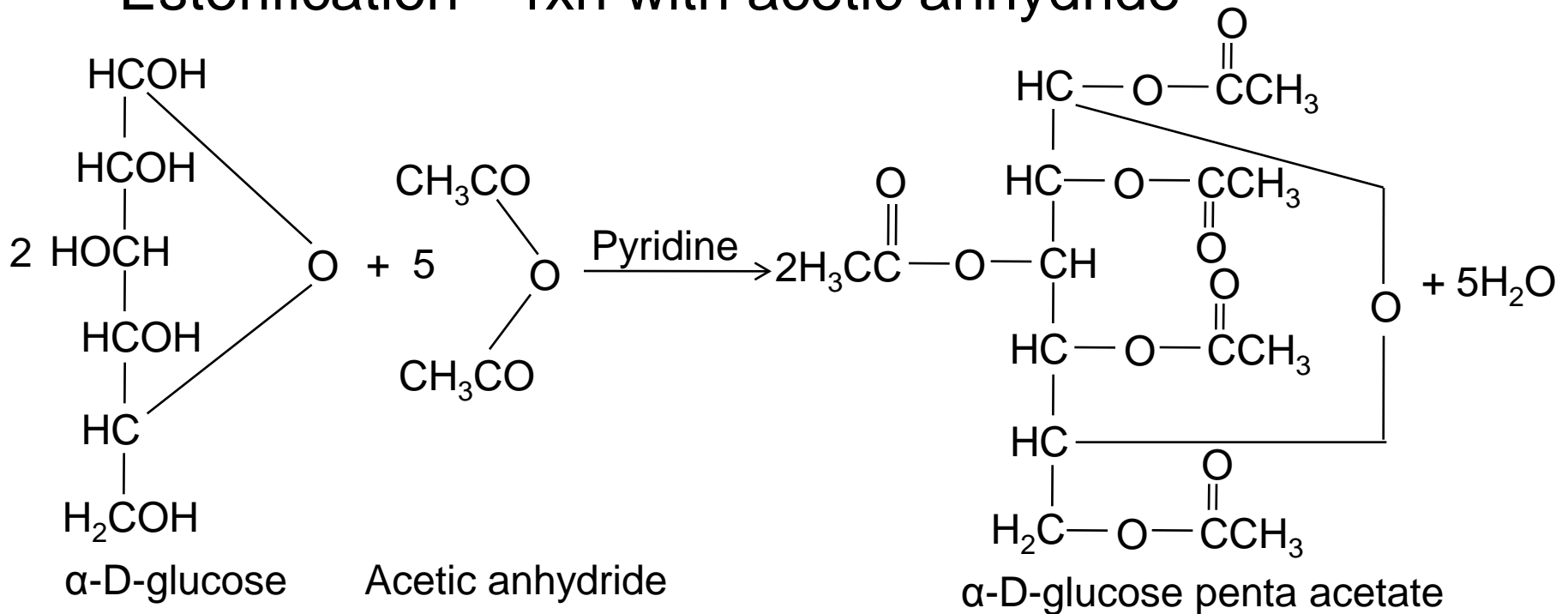


- Glycosidic OH reacts with alcohols to form α – and β -glycosides or acetals
- Glucose forms glucosides and fructose forms fructosides

- Glucosides or glycosides do not exhibit mutarotation as aldehyde group is in the acetal form
- These are used as medicaments

Rxn of Glycosidic & Alcoholic OH group

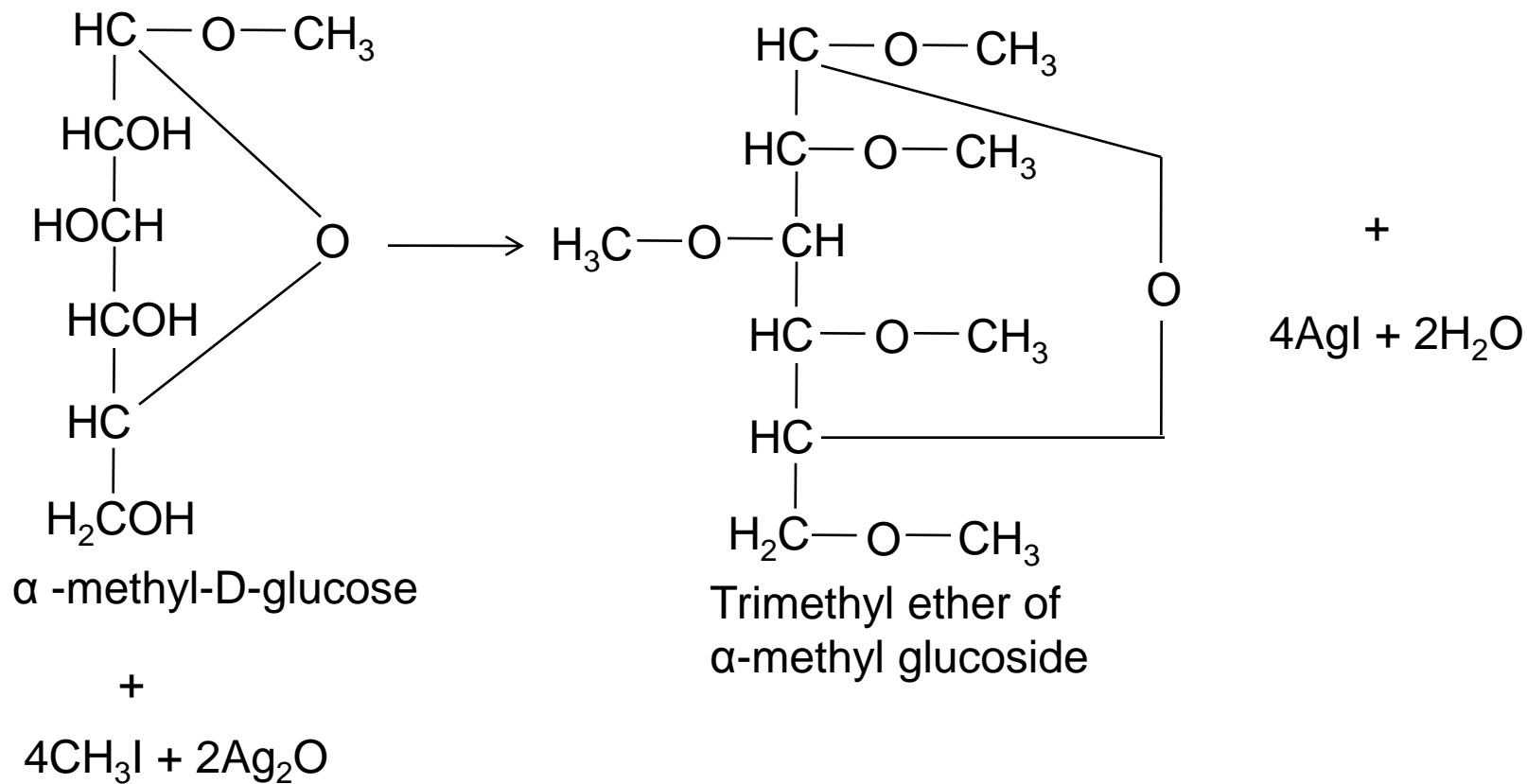
- Esterification – rxn with acetic anhydride



- Test for presence of alcohol groups in sugars to form esters
- Glucose forms a penta (5 OH groups) acetate derivative

Rxn of Alcoholic OH

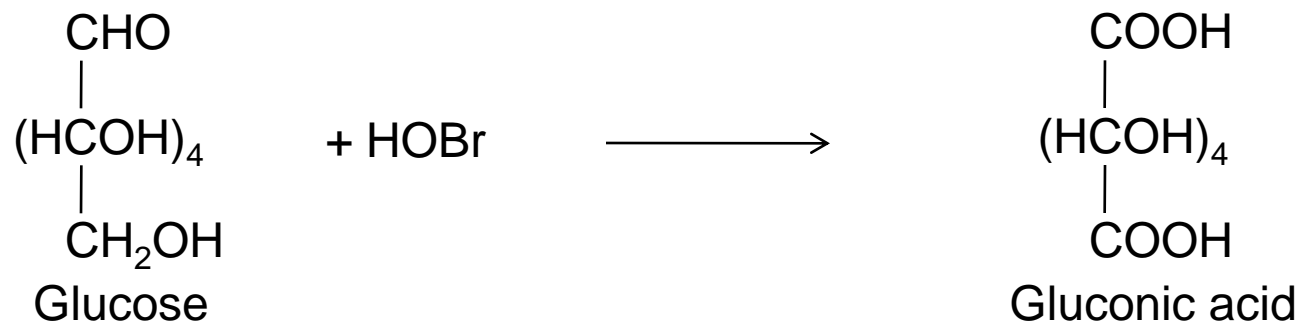
- Alcoholic OH of monosaccharides and disaccharides converted to ethers when reacted with methylating agents
- Glycosidic OH group of sugar first protected by R group (methyl group), before methylation



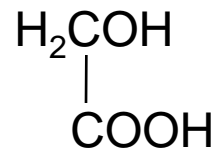
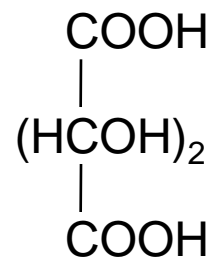
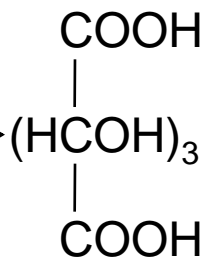
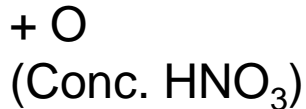
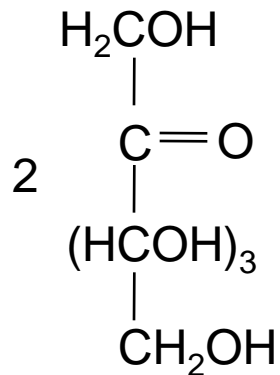
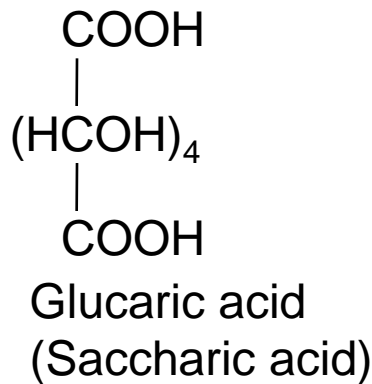
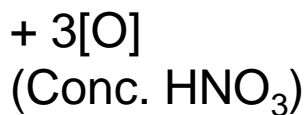
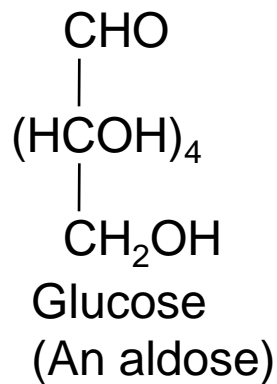
- Rxn used to determine which alcoholic OH groups are free for reaction

Rxns of both Alcoholic OH and CHO/C=O Groups

- Oxidation with Acids
 - Cyclic hemiacetal forms of sugars are in equilibrium with a small but finite amount of open chain aldehyde, they can easily be oxidised to carboxylic acids called aldonic acids
 - Certain oxidising agents oxidises OH to carboxylic groups
- a) Mild Oxidant, HOBr – Only aldehyde group converted to monocarboxylic acids
- Rxn used to differentiate Aldoses from ketoses



- b) Strong oxidants, HNO – aldehyde (ketone) and primary OH groups oxidised to dicarboxylic acids
- Aldoses oxidised to same number of carbon atoms while ketoses are oxidised to fewer numbers of carbon products



Fructose
(A ketose)

Trihydroxy
Glutaric acid

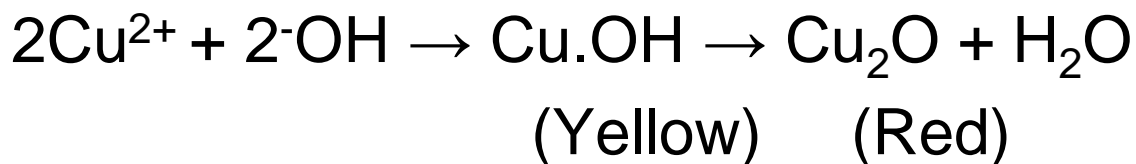
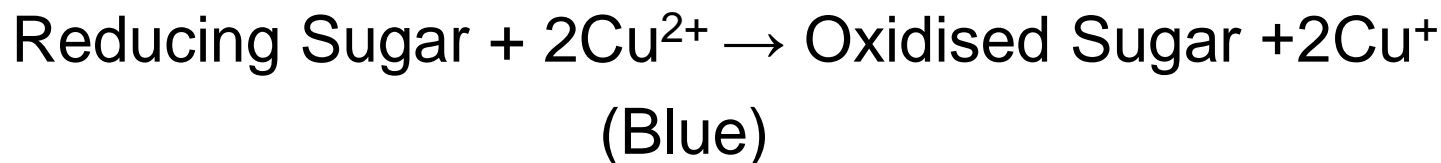
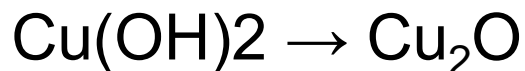
Tartaric acid

Glycolic acid

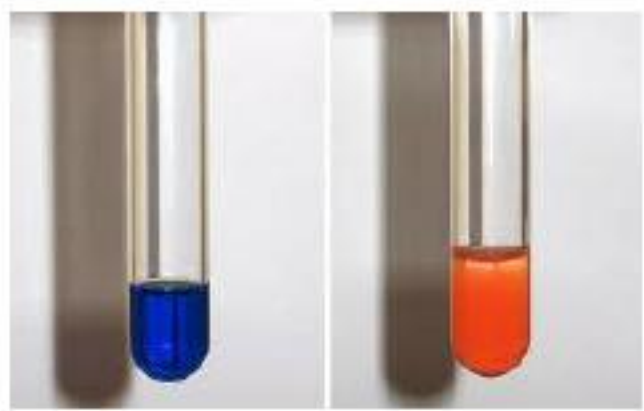
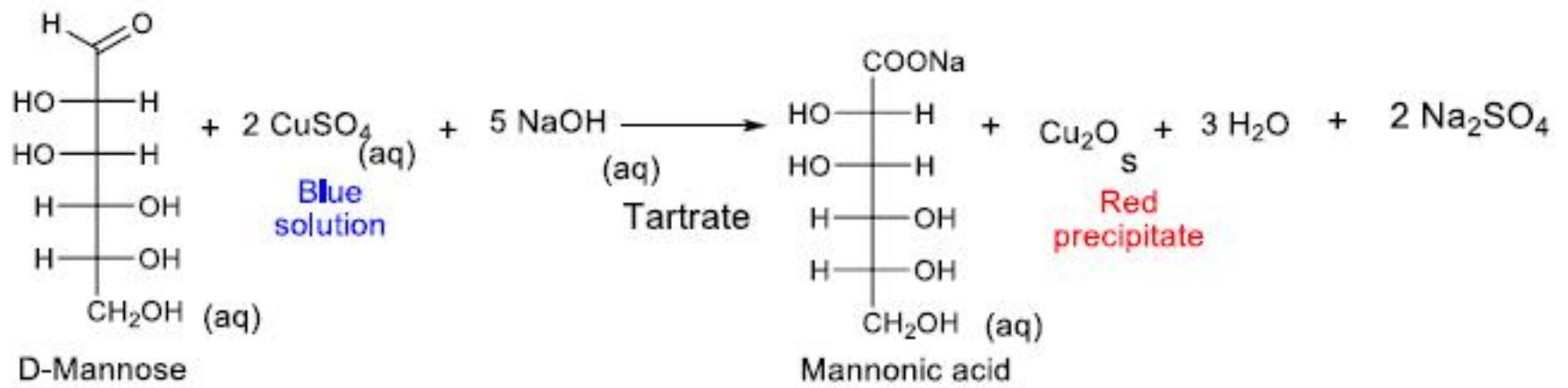
Rxns of CHO/C=O Groups

1. Oxidation with metal hydroxides

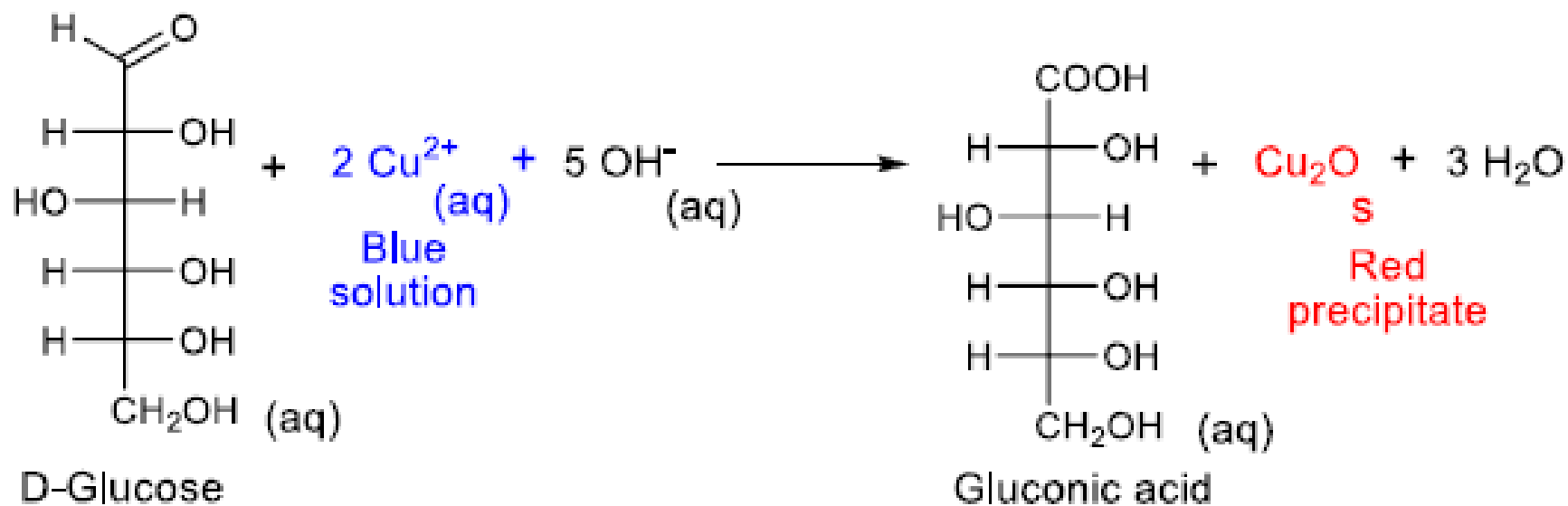
- $\text{Cu}(\text{OH})_2$, AgOH and $\text{Bi}(\text{OH})_3$ oxidise free CHO and C=O of mutarotating monosaccharides and disaccharides and get reduced



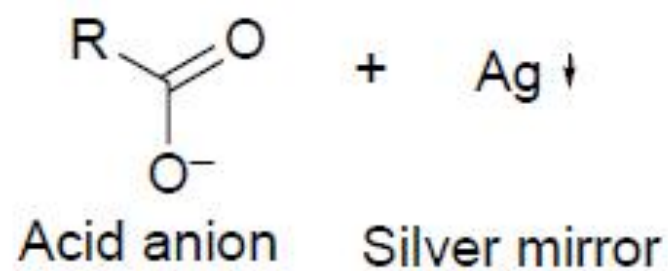
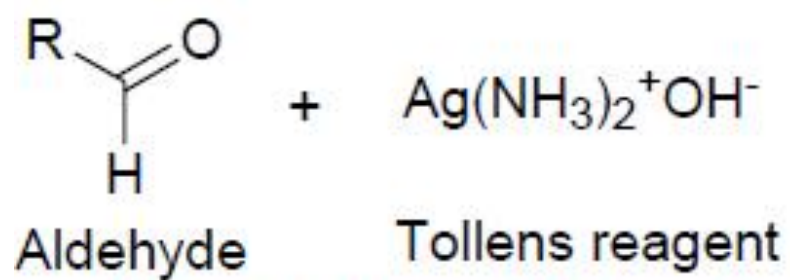
- **Fehling's reagent** (Equimolar of (a) 7% Cu.SO_4 & (b) 25% KOH /35% Potassium tartarate) on mixing the two forms a clear blue solution
- Test for reducing sugars
- Solution used in quantitative determination of sugars



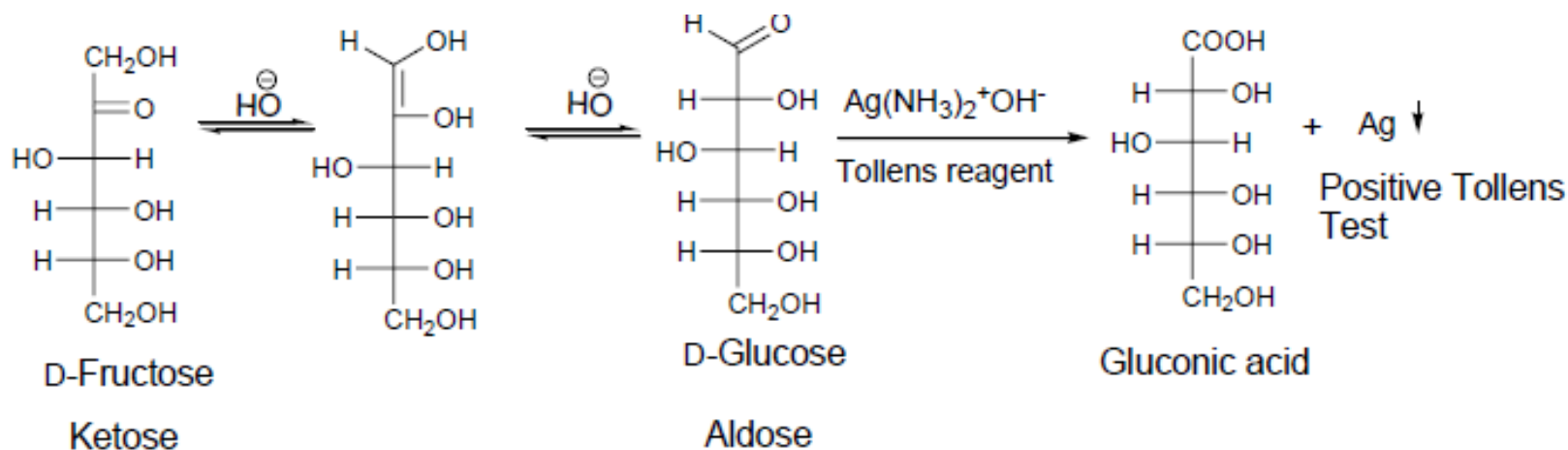
- **Benedict's Reagent** – (Cu.SO_4 , Na_2CO_3 & Sodium citrate)
- Variant of Fehling's reagent
- Qualitative determination of glucose in urine
- Alkaline solution of copper (II) sulphate as its citrate complex oxidizes aliphatic aldehydes, aldoses and ketoses to the corresponding carboxylic acid.
- Reducing sugars give a positive test result because the reduction of the metal is accompanied by oxidation of the sugar – hence called reducing sugars



- **Tollens reagent** - (silver(I) ammoniacal hydroxide)
- Oxidizes aldehydes to carboxylate ions.
- Ag(I) complex is soluble in ammonium hydroxide is reduced to metallic silver
- Metallic silver is insoluble in ammonium hydroxide, resulting in formation of a silver mirror on inside of test-tube



- Tollens test unable to differentiate between aldoses and ketoses but strongly basic solution of Tollens reagent promotes enediol rearrangements
- Basic conditions promotes open-chain form of ketoses being converted to aldoses, which give a +ve Tollens test. Hence Fructose gives a +ve result



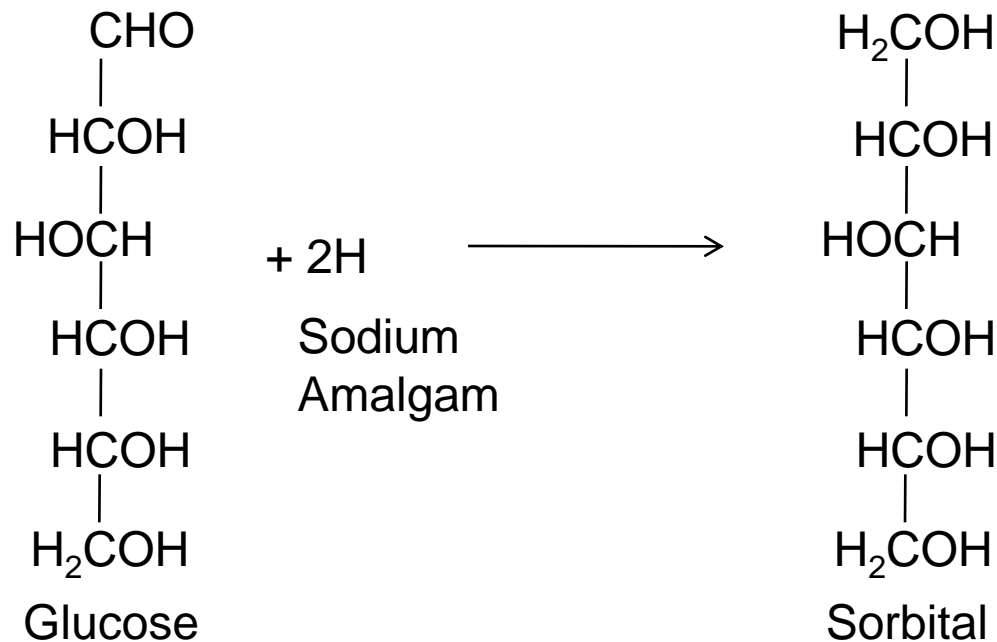
- **Barfoed's reagent** – (7% Copper acetate & 1% acetic acid)
- Used to differentiate monosaccharides from disaccharides
- Monosaccharides give a cuprous oxide ppt in dilute acid more quickly than disaccharides
- Monosaccharides are more active reducing agents than disaccharides

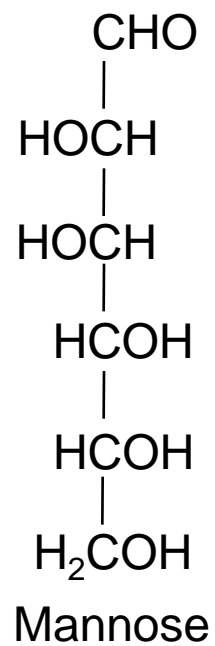
- **Molisch test** – (H_2SO_4 & α -naphthol as a phenol)
- Acid hydrolyses acetals and hence the most general of all test for carbohydrates
- Alkali conditions of earlier mentioned tests cause fragmentation of sugars to give a mixture of different chain length upon oxidation of the carbohydrate
- Thus earlier test are good for analytical methods than preparative methods

2. Reduction

a) With Sodium amalgam

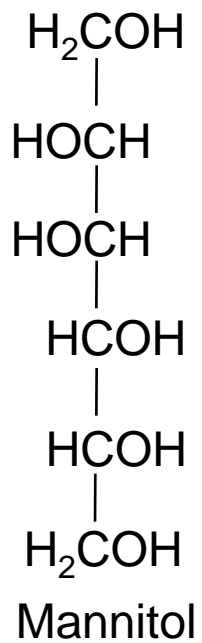
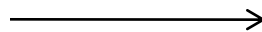
- Monosaccharides reduced to corresponding alcohol.

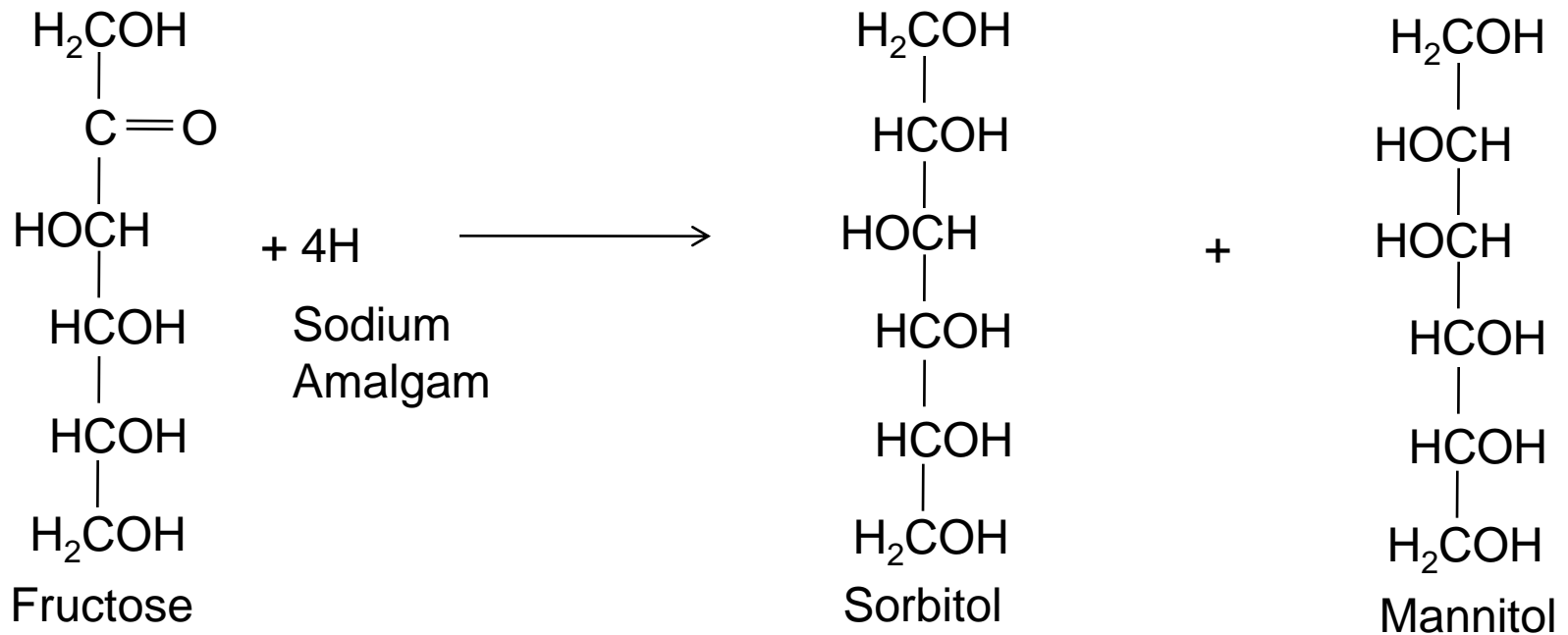




+ 2H

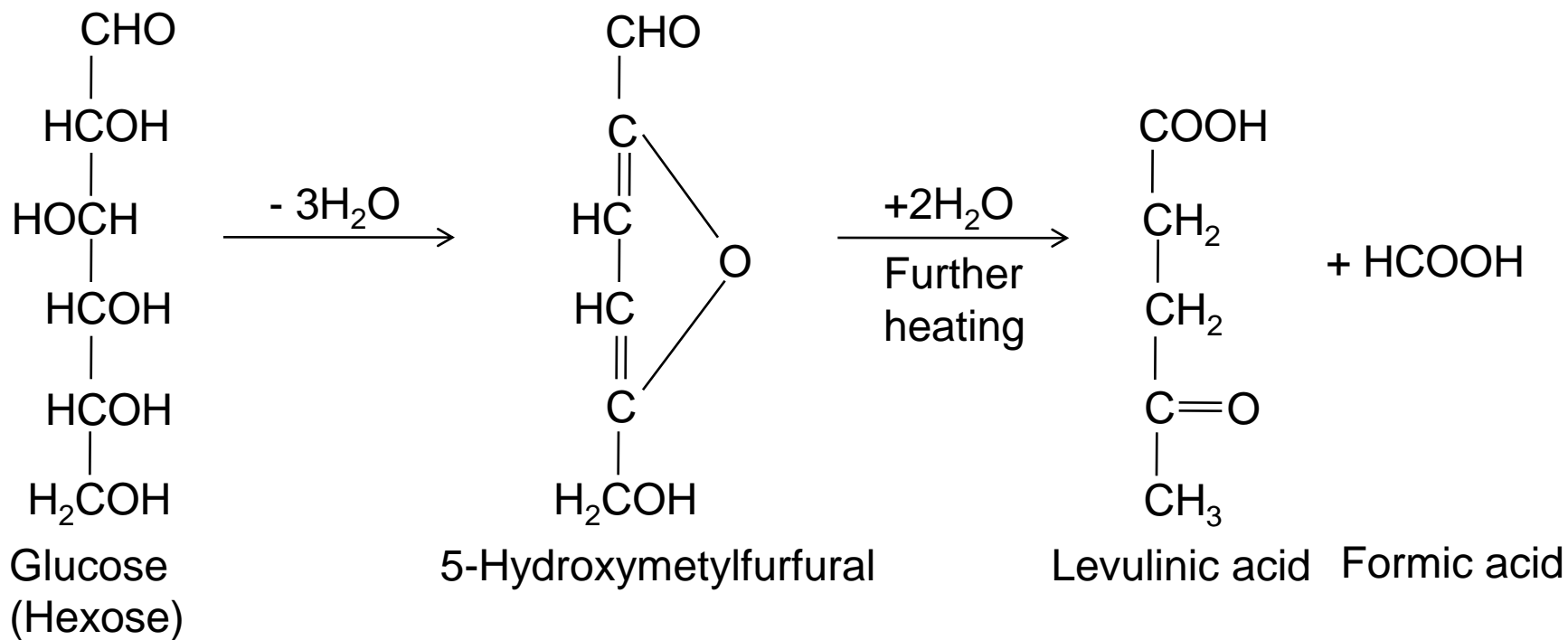
Sodium
Amalgam

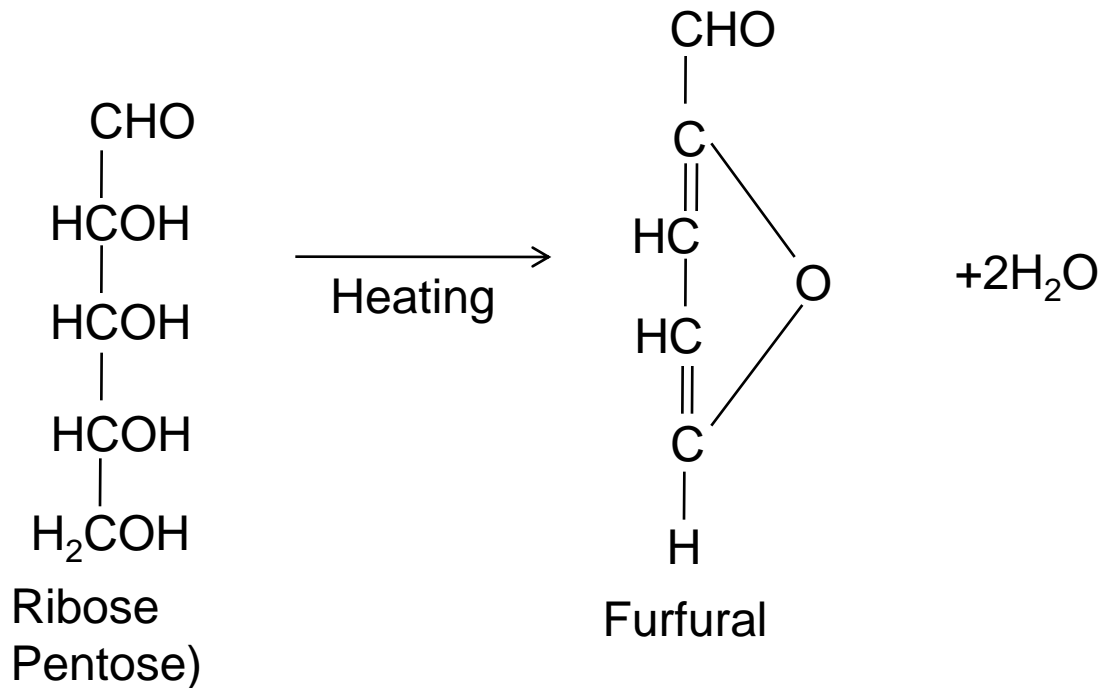




- Sorbitol and mannitol are used for manufacture of surface active agents and explosives

b) With strong mineral acids

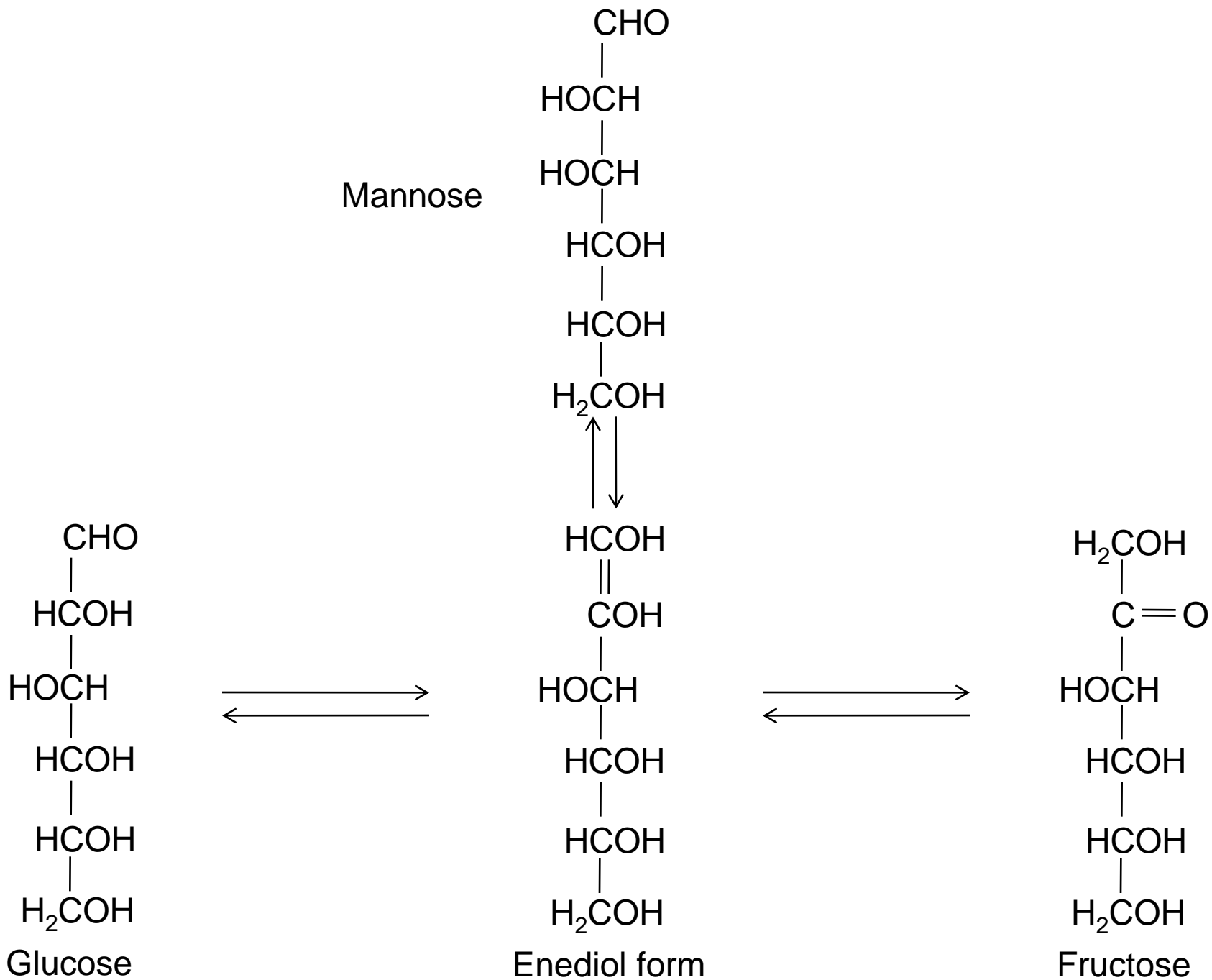




- Tetroses and Troses do not under this rxn as they have fewer carbon atoms of less than 5 to form a furfural

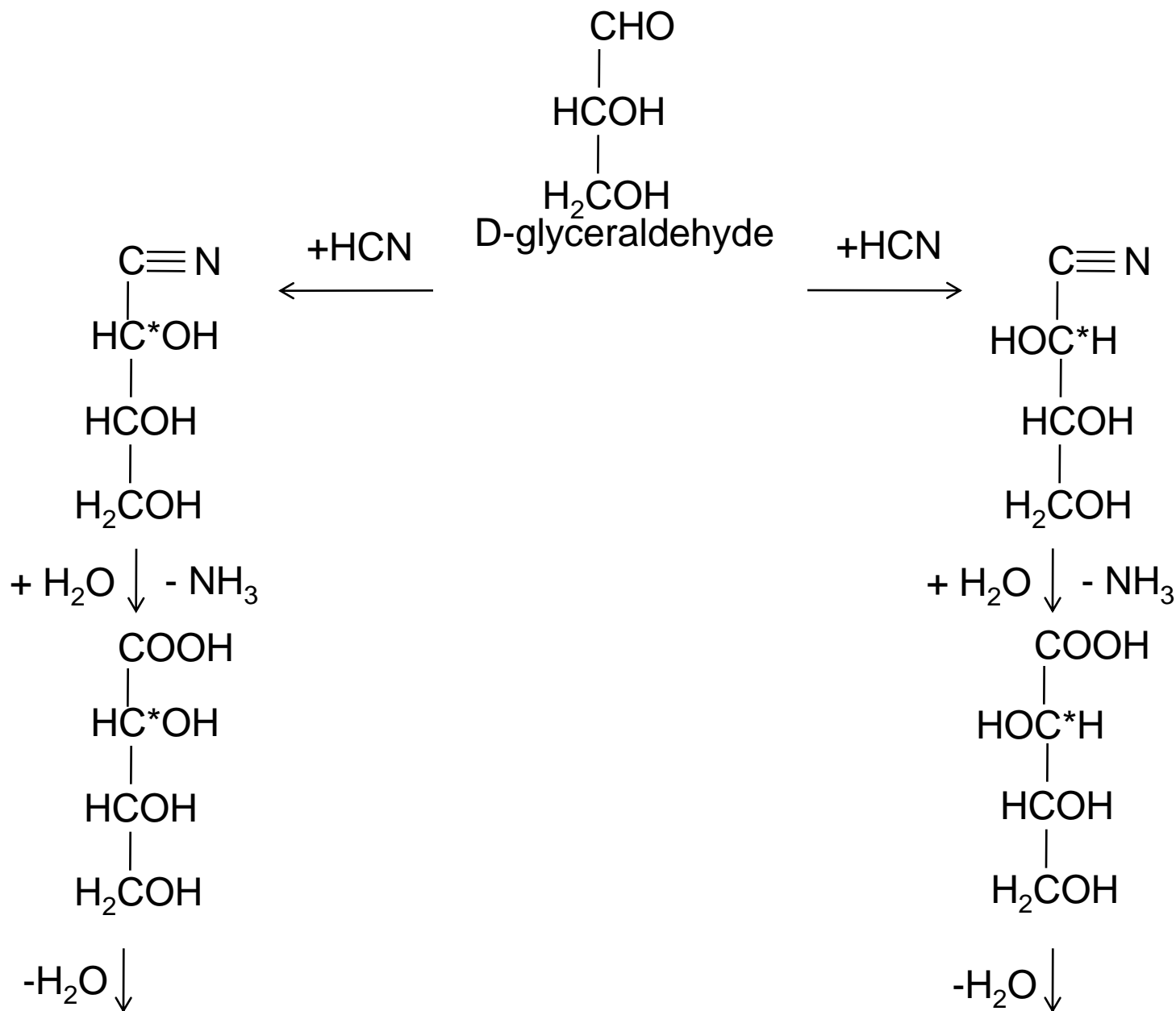
c) With dilute alkalies

- Lobry De Bruyn-Alberda van Ekenstein transformation/rxn
- In weak alkaline solns of $\text{Ca}(\text{OH})_2$ and $\text{Ba}(\text{OH})_2$ at temperatures, glucose, mannose and fructose are interconvertible



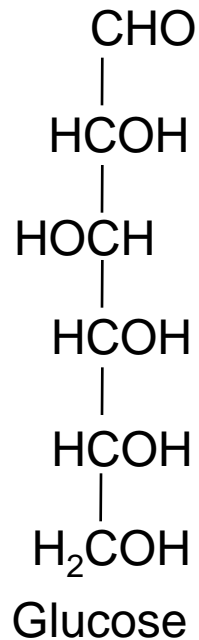
3. Rxn with Hydrogen cyanide (Kiliani Synthesis)

- Method for monosaccharide synthesis by chain elongation of the existing carbohydrate using 4 rxns:-
 - i. Cyanohydrin formation - Based on addition of HCN to carbonyl carbon of aldehyde or ketone to cyanohydrin
 - ii. Hydrolysis - Cyanohydrins hydrolysed to carboxylic acids
 - iii. Lactonisation - Carboxylic acids converted to γ -lactones or inner esters
 - iv. Reduction - Lactones reduced to corresponding aldoses containing 1 more carbon atom than the parent sugar

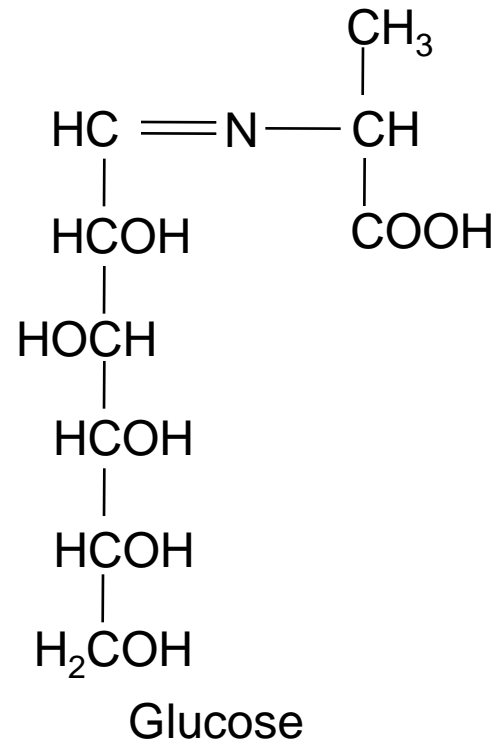
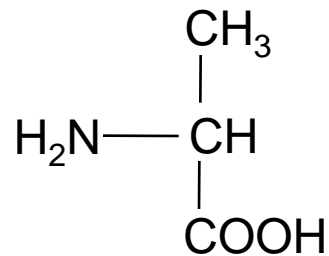


4. Rxn with Ala

- Formation of schiff bases – Ala reacts with carbohydrates



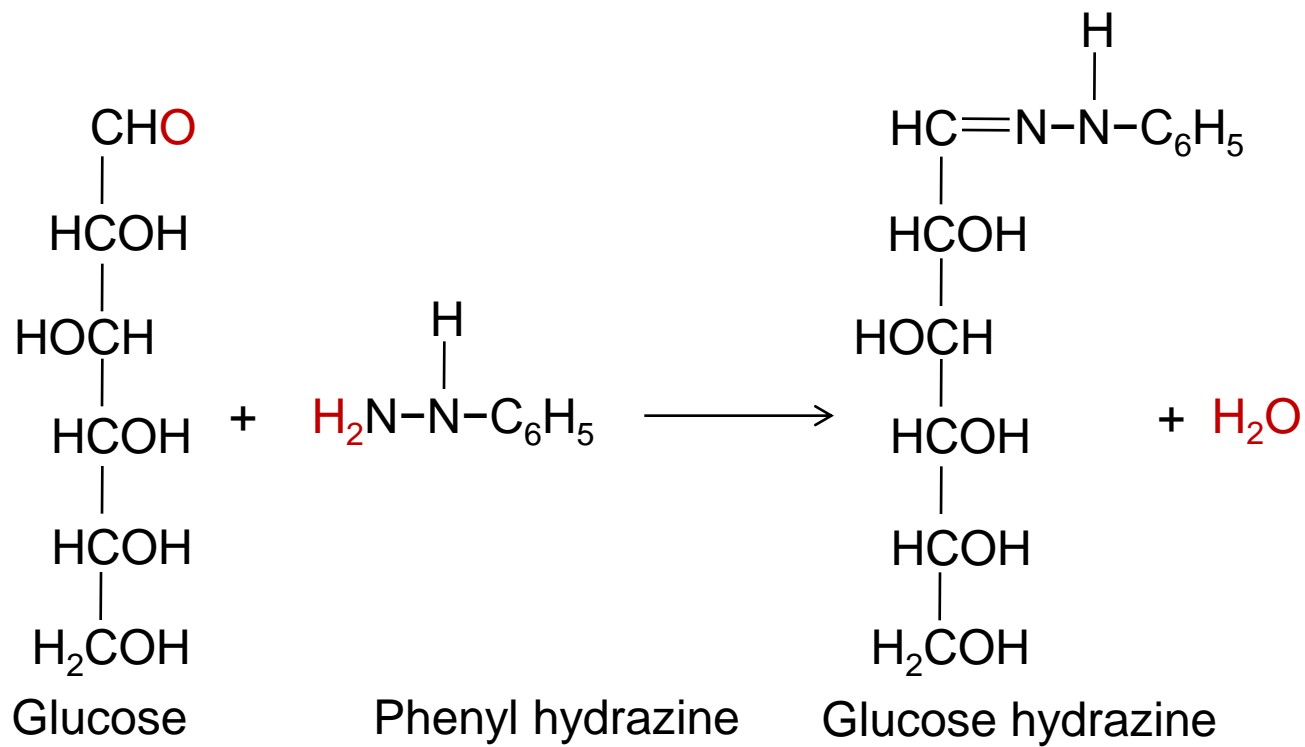
+

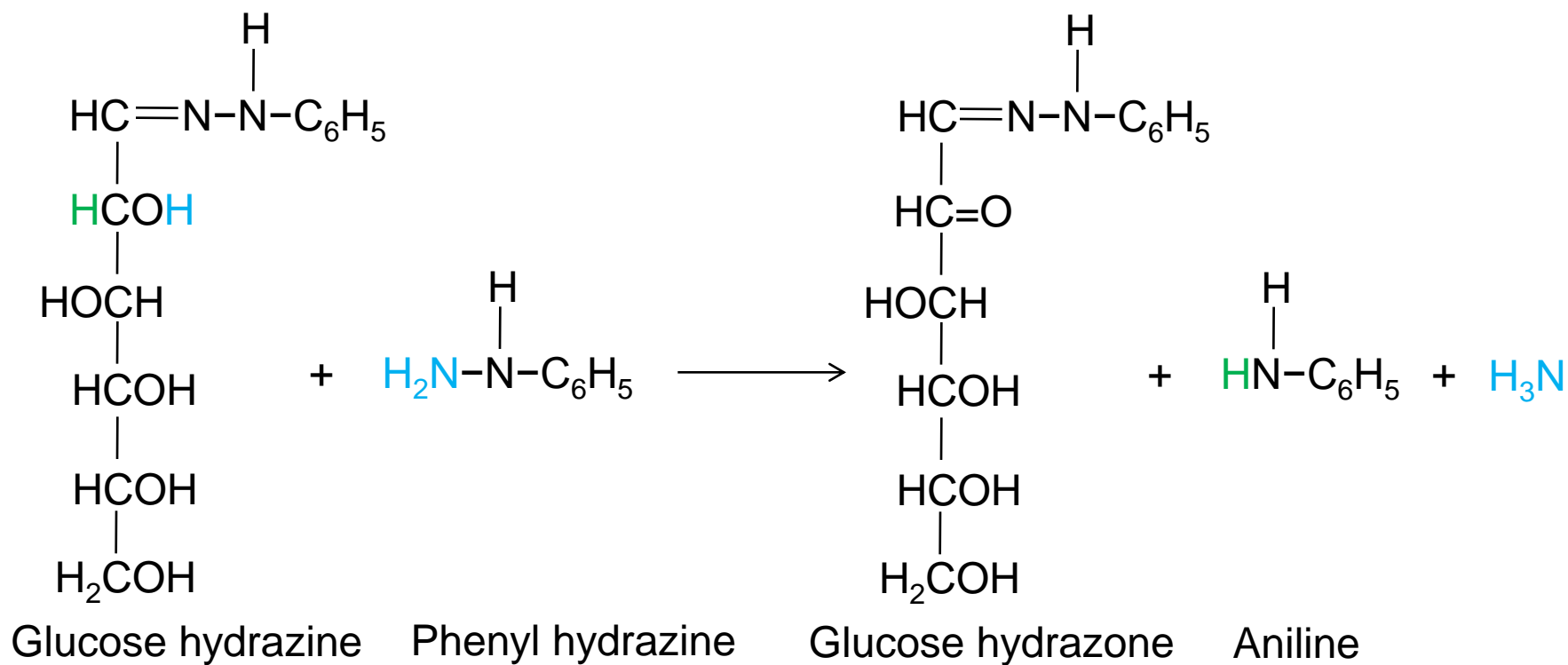


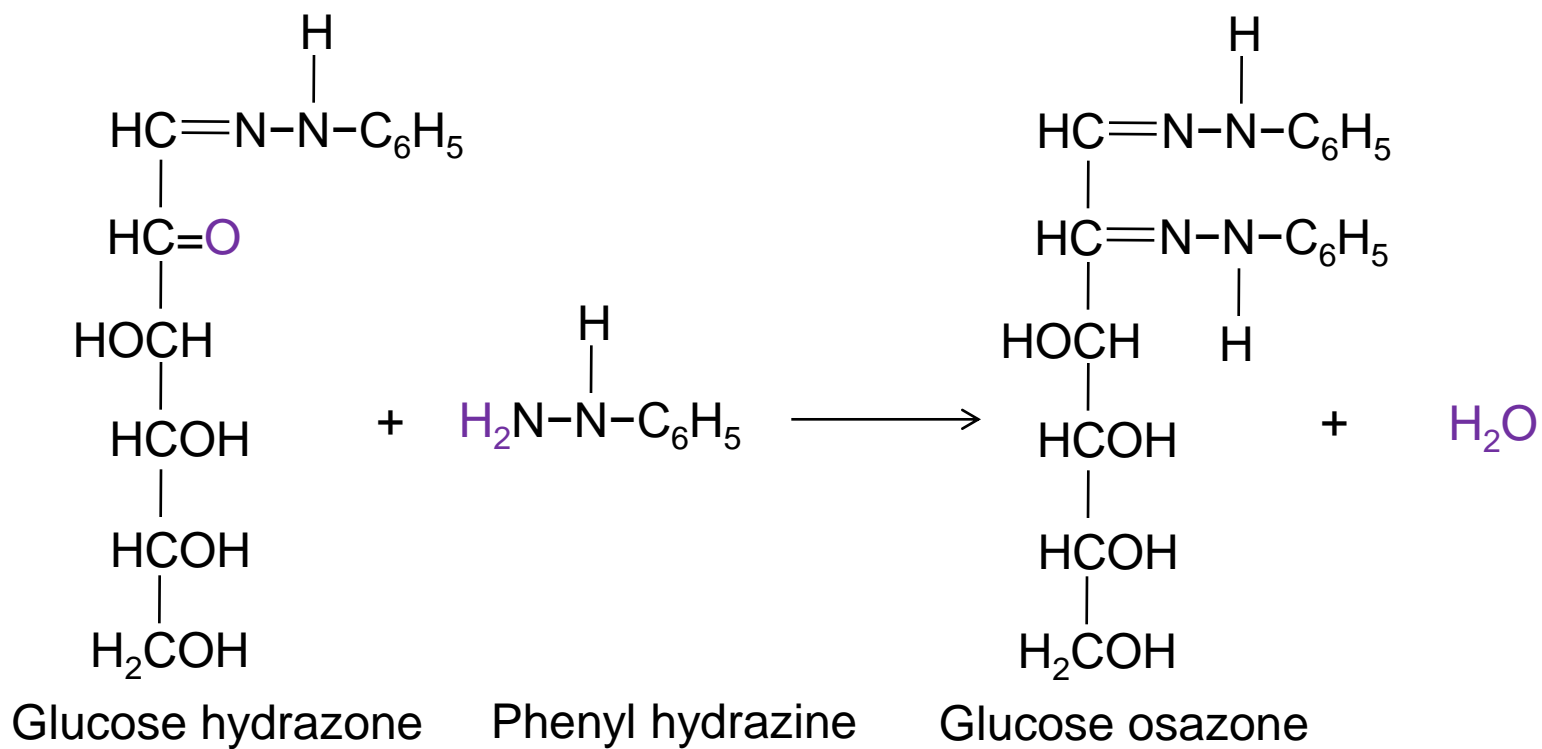
- Browning of bread during baking and other mixtures of carbohydrates and proteins thought to be due to formation of schiff bases as a result of the rxn between carbohydrate aldehyde group and amine groups of proteins

5. Reaction with Phenyl Hydrazine

- Involves the carbonyl carbon (aldehyde or ketone) and the adjacent carbon atom in the monosaccharide
- 3 mole of phenyl hydrazine are required to reduce the monosaccharide to react with aldehydes or ketones



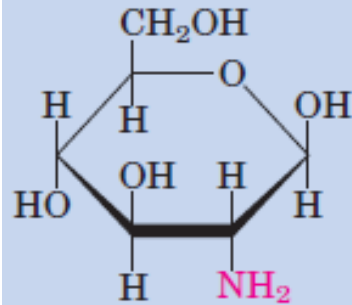




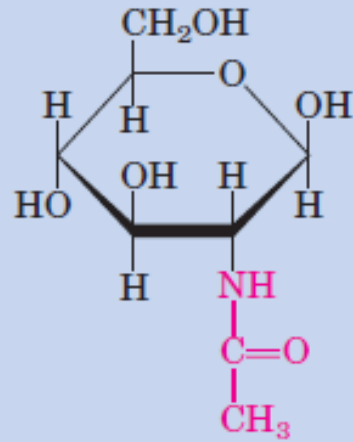
Osazones of mutarotating reducing sugars

- form yellow usually insoluble crystals
- have characteristic melting temperatures
- Hence used for identification of sugars
- Reducing disaccharides form crystals with specific shapes
- Glucose, fructose and mannose form the same osazone hence cannot be differentiated by this reaction

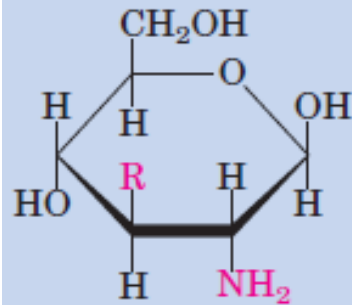
- **Sugar derivatives**
- Hydroxyl group in parent cpd replaced with another substituent, or carbon atom is oxidized to a carboxyl group
- Hydroxyl at C-2 of glucose, galactose & mannose, replaced with an amino group to give glucosamine, galactosamine & mannosamine, respectively
- Amino group is nearly always condensed with acetic acid, as in N-acetylglucosamine



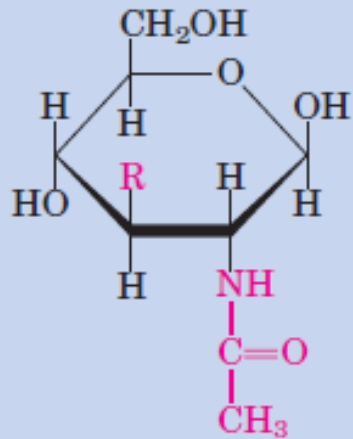
β-D-Glucosamine



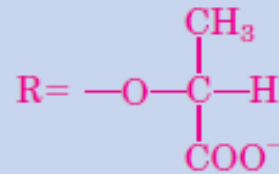
N-Acetyl-*β*-D-glucosamine



Muramic acid



N-Acetylmuramic acid



- N-acetylglucosamine forms part of many structural polymers, including those of bacterial cell wall
- Bacterial cell walls also contain a derivative of glucosamine, N-acetylmuramic acid

Functions of monosaccharides

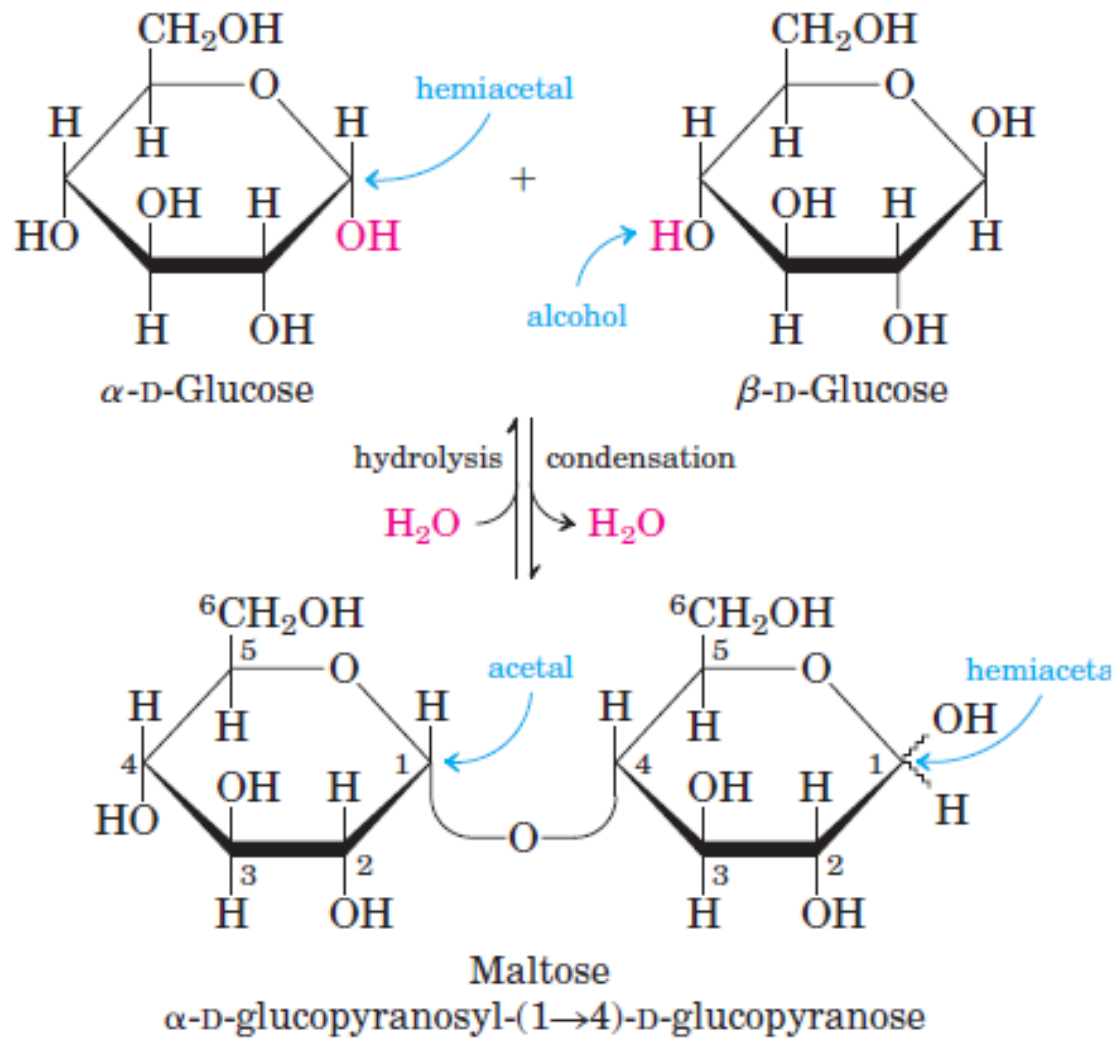
- Important metabolic intermediates both in phosphorylated and unphosphorylated forms, for the generation of energy
- Important constituents of nucleotides, nucleic acids, and many coenzymes e.g. NAD, NADP, flavoproteins. In this case it is mostly the pentoses.
- As glycosides they found in many drugs and spices
- As amino sugars are contained in several antibiotics e.g. erythromycins.

Disaccharides

- Most common among oligosaccharides
- Sugars made up of 2 monosaccharides joined by a glycosidic linkage.
- Three abundant disaccharides - sucrose, lactose and maltose

Maltose

- Derived from starch, germinating cereals and malt.
- Made up of 2 glucose molecules joined by α -1, 4 glycosidic linkage

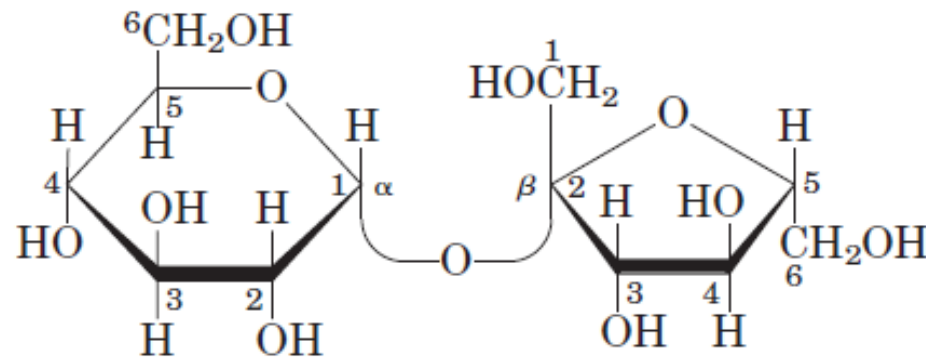


Abequose	Abe
Arabinose	Ara
Fructose	Fru
Fucose	Fuc
Galactose	Gal
Glucose	Glc
Mannose	Man
Rhamnose	Rha
Ribose	Rib
Xylose	Xyl

- Hydrolysed to 2 glucose molecules by maltase found on the outer surface of epithelial cells lining the small intestines.
- It is a reducing sugar

Sucrose

- Found in Cane and beet sugar, sorghum, pineapple and carrot roots
- Made up of α – D-glucose and β –D- fructose
- The two are joined through their anomeric carbon atoms



Sucrose

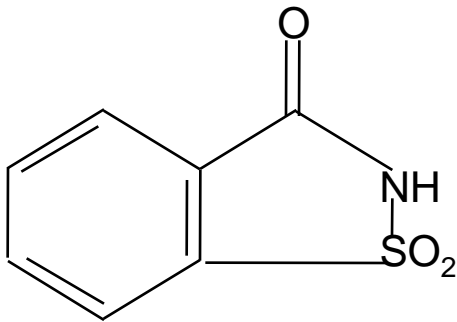
α -D-glucopyranosyl β -D-fructofuranoside
Glc($\alpha 1\leftrightarrow 2\beta$)Fru

- The aldehyde or ketone group is utilised in the formation of α 1 – 2 glycosidic linkage.
- Absence of anomeric carbon makes sucrose fail to reduce alkaline copper sulphate, hence it is called a non reducing sugar
- It is hydrolysed to its constituent monosaccharides by sucrase found in the intestinal mucosal cells
- Sucrase is also called invertase because it converts the initial substrate dextrorotatory sucrose to glucose which is dextrorotatory and fructose which is levorotatory

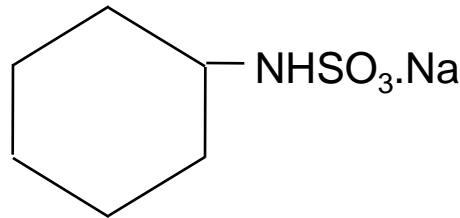
- Sucrase is also called invertase because it converts the initial substrate dextrorotatory sucrose to glucose which is dextrorotatory and fructose which is levorotatory
- Levorotatory fructose predominates and hence changes or inverts the dextrorotatory sucrose to levorotatory.
- Action of sucrase on sucrose results in a mixture of glucose and fructose (or called invert sugar)
- Sweetest of the three common sugars but less so of artificial sweeteners

ARTIFICIAL SWEETENERS

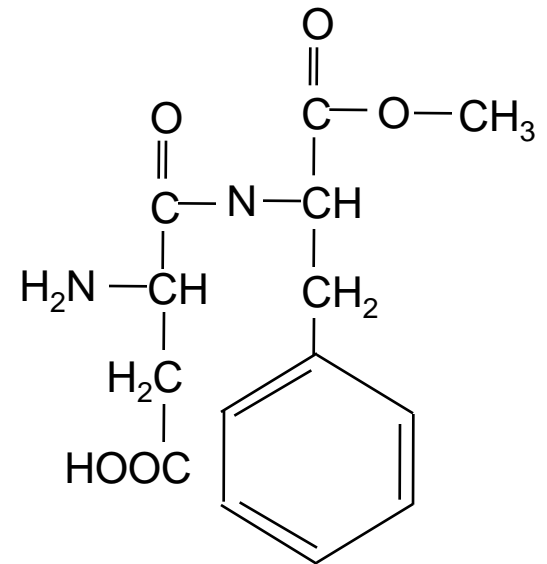
- Are molecules/cpds of different types that stimulate tongue taste buds stimulated by sugars but are of no food value



Sacharin



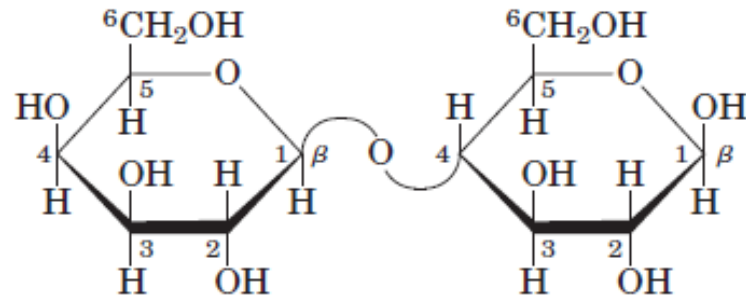
Sucaryl sodium



Aspartame

Sugar/Sweetener	Relative Sweetness
Sugars	
Lactose	0.16
D-Galactose	0.32
Maltose	0.32
D-Xylose	0.40
D-Glucose	0.74
<i>Sucrose</i>	<i>1.00</i>
<i>Invert sugar</i>	<i>1.23</i>
D-Fructose	1.73
Sweetener	
Sucaryl sodium	30
Aspartame	180
Saccharine	400
Monellin	2000

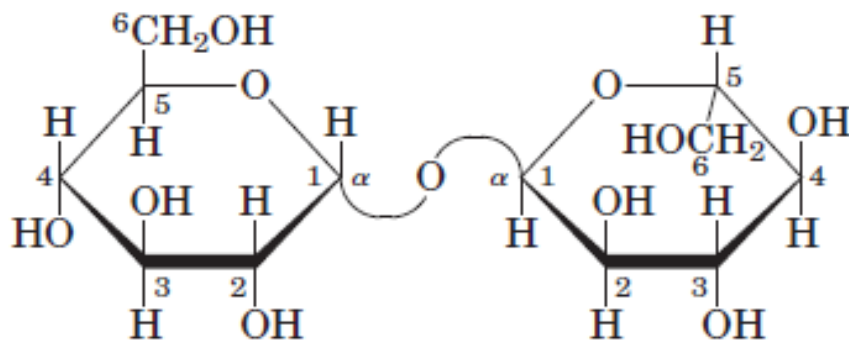
Lactose



Lactose (β form)
 β -D-galactopyranosyl-(1 \rightarrow 4)- β -D-glucopyranose
Gal(β 1 \rightarrow 4)Glc

- Found in milk, may occur in urine during pregnancy
- Made up of galactose and glucose joined β -1, 4-glycosidic linkage
- Hydrolysed by lactase found in outer surface of epithelial cells of intestines
- Is a reducing sugar because it has a free anomeric carbon, which would form an aldehyde in a basic solution and is able to reduce alkaline copper sulphate
- Forms osazones

- Trehalose
- Occurs in yeast, fungi & major component of insect circulating fluid (hemolymph)
- Made up of two α -D-glucose through 1 \rightarrow 1 glycosidic linkage



Trehalose
 α -D-glucopyranosyl α -D-glucopyranoside
 $\text{Glc}(\alpha 1 \leftrightarrow 1\alpha)\text{Glc}$

- Acid (HCl) hydrolysis yields 2 glucose units
- Non reducing sugar & does not form osazones

Polysaccharides

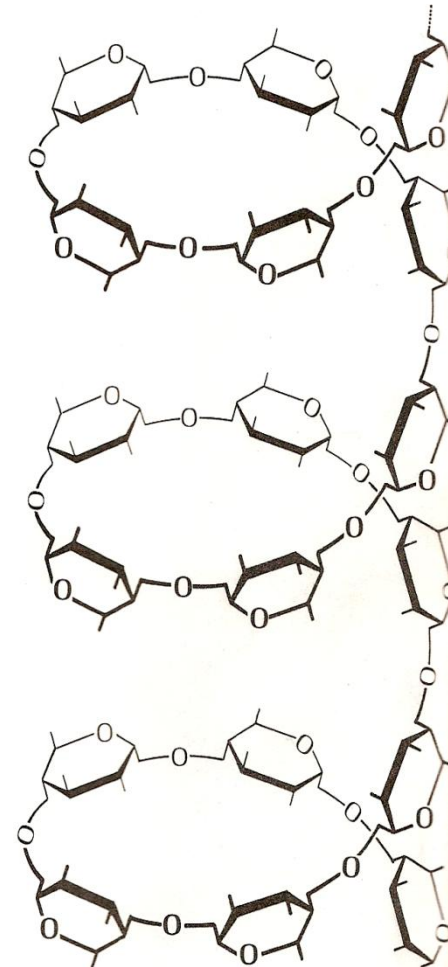
- Made up of more than 10 monosaccharide (2 – 10 called oligosaccharides).
 - a. Homopolysaccharides contain only type of monomeric unit, e.g. starch and glycogen.
 - b. heteropolysaccharides contain two or more different types of monomeric units, e.g. Hyaluronic acid.

Starch

Sources

- Cereals, legumes, potatoes and other vegetables.
- Starch occurs in two types
 1. **Amylose** (15 – 20 %)
 - Consists of long unbranched chains with all D – glucose units linked through α (1 – 4) glycosidic linkages.
 - Chains vary in molecular weights from a few thousands to 500 000.

- Occurs in helical structures which are not truly water soluble but form micelles which are responsible for the blue/purple colour when reacted with iodine.
- Major components of starch can hydrolysed into two different ways

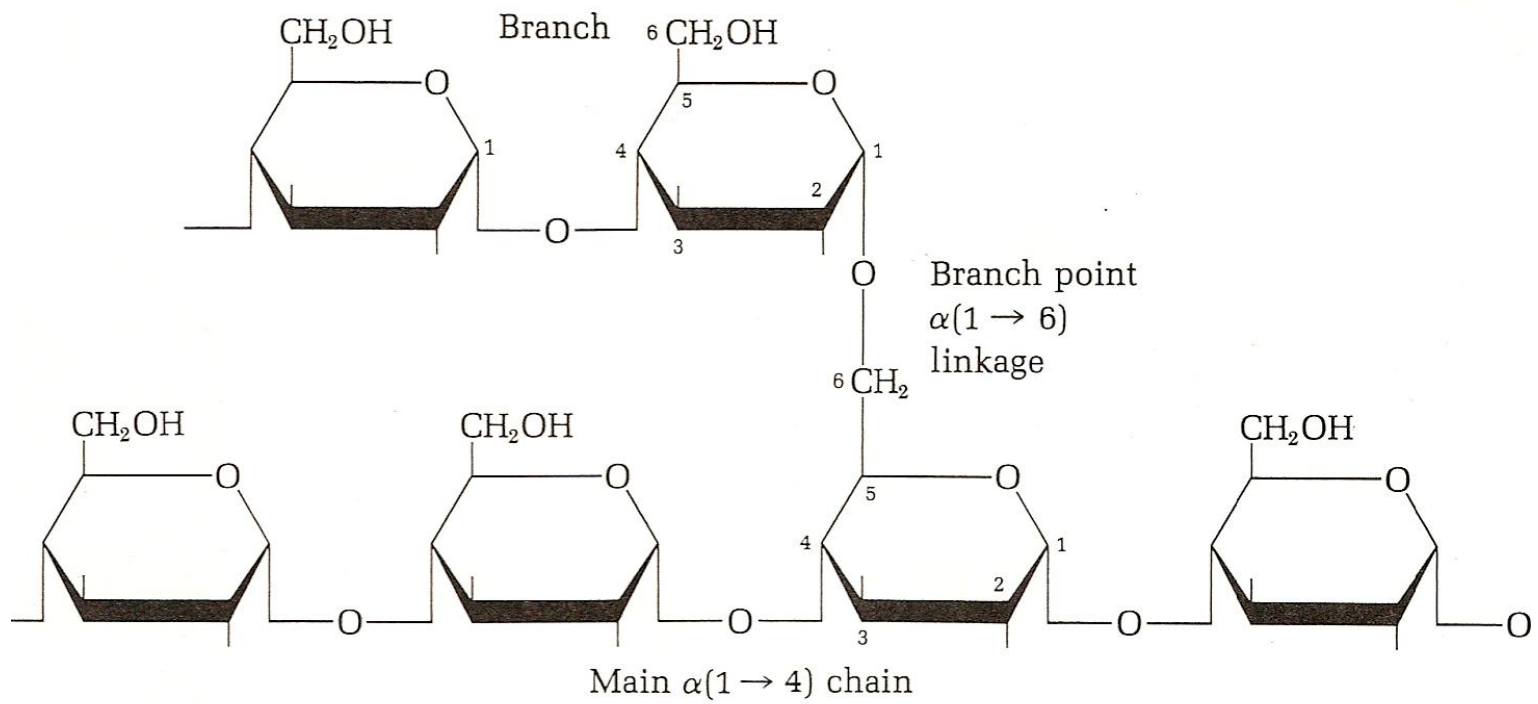


Helical structure of Amylose

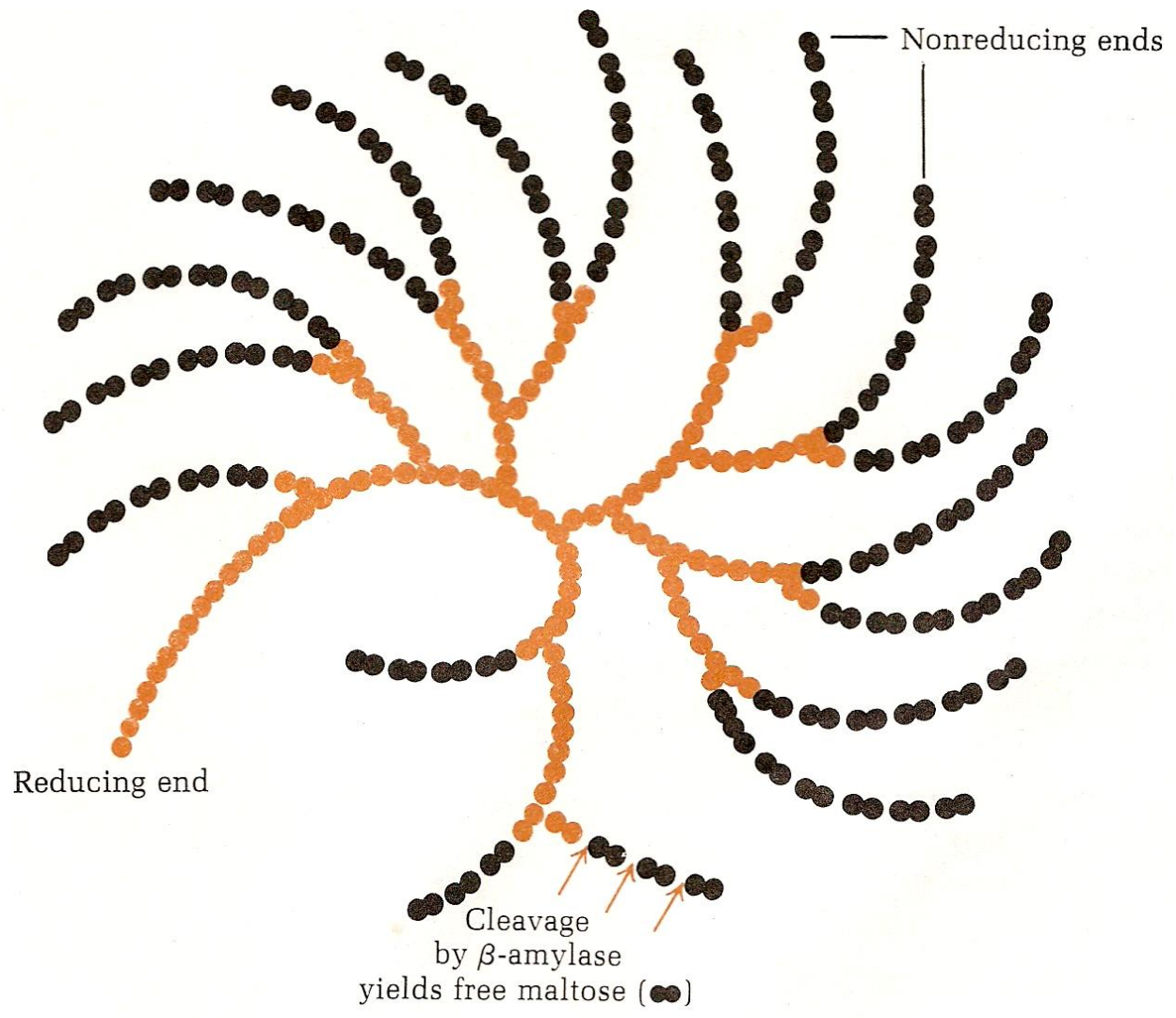
- a. Amylose can be hydrolysed by α – amylase [α (1-4)-glucan 4-glucanohydrolase] present in saliva and pancreatic juice and takes part in the hydrolysis of starch in the GIT.
- α – amylase cleaves the α (1-4) linkages at random to yield a mixture of glucose and free maltose only.
- b. Amylose also hydrolysed by β – amylase [α (1-4)-glucan 4-maltohydrolase] which occurs in malt
- It cleave successive maltose from the reducing end and quantitatively.

Amylopectin

- Highly branched
- Branches have an average length of about 24 to 30 glucose residues and this is dependent on species.
- Glucose residues forming the backbone are linked through α (1-4) glycosidic linkages.
- Branch points are through α (1-6) glycosidic linkages



- Exhaustive end product resulting from the action of β – amylase on starch is a highly branched core called LIMIT DEXTRINS.
- Called limit dextrin because it represents the limit of action of β – amylase on starch, as β – amylase is unable to hydrolyse α (1-6) glycosidic linkages.
- α (1- 6)-glucosidase [α (1- 6)-glucan 6-glucanohydrolase] is a debranching enzyme that is able to hydrolyse the α (1-6) glycosidic linkages at branch points.
- Therefore, amylopectin can be hydrolysed to maltose and glucose through the combined action of β – amylase and α (1- 6)-glucosidase.

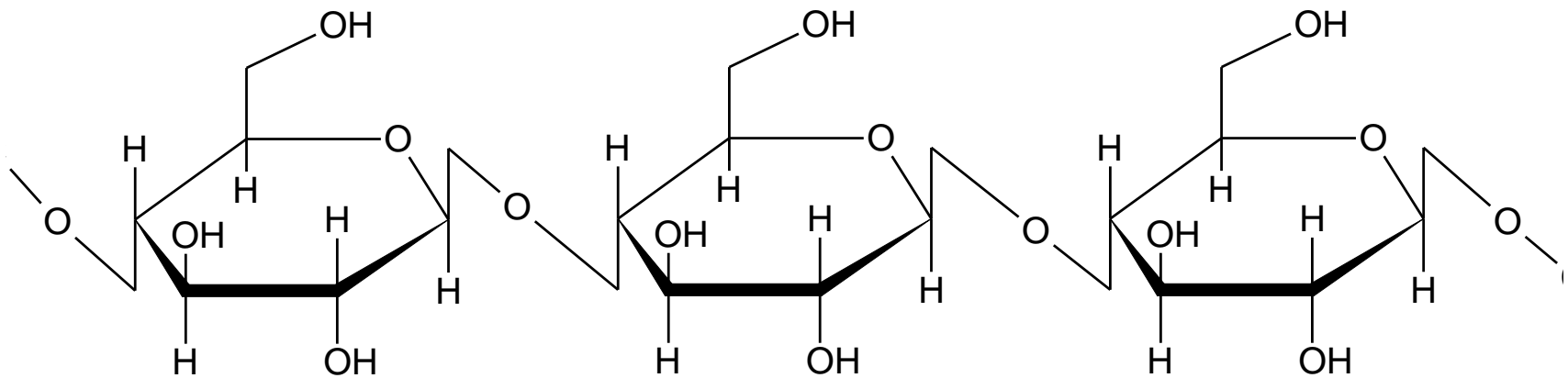


Glycogen

- Stored in animal muscle and liver especially where it may occur up to 70 % of the wet weight.
- Made up of glucose moieties that are linked through α (1-4) glycosidic linkages.
- A compact and highly branched molecule
- Branches occur every 8 to 12 glucose residues.
- Branches increases the solubility of glycogen and create large numbers of terminal residues hence increases rate of synthesis and degradation of glycogen
- Branches occur through α (1-6) glycosidic linkages.
- Hydrolysed by α -amylase into glucose
- β – amylase hydrolyses it into maltose and its action result in limit dextrins.
- Gives a red-violet colour with iodine.

Cellulose

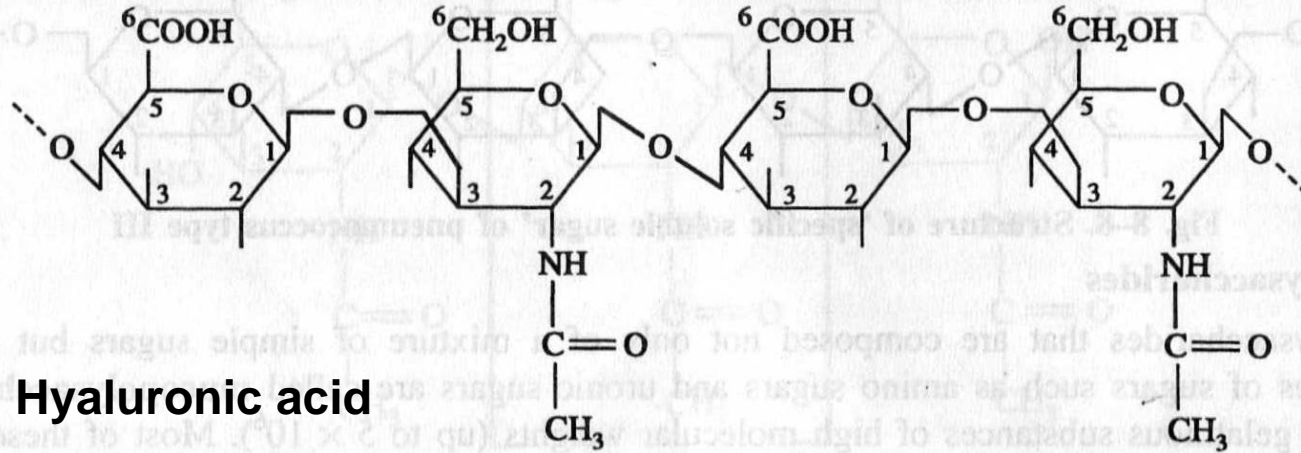
- Most abundant extra cellular polysaccharides
- A linear molecule of β D-glucose which are joined through β (1-4) linkages
- Contains about 1250 – 12500 glucose residues per molecule of cellulose



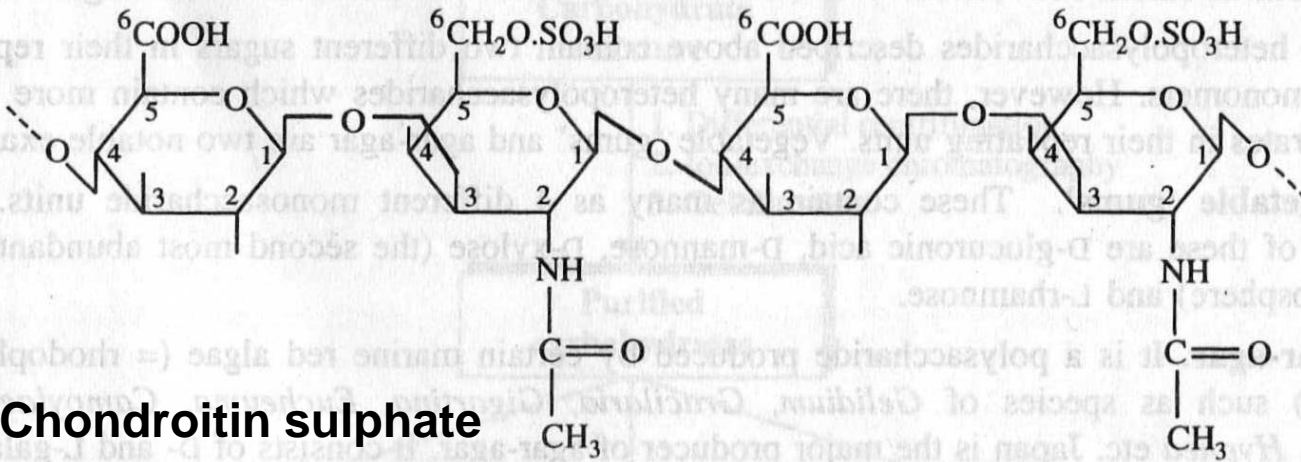
- Cellulose can not be hydrolysed by α – amylase and β – amylase, hence can not be hydrolysed by mammals.
- Ruminants e.g. cows can utilise cellulose for energy generation because the bacteria in their rumen possess cellulase which hydrolyses cellulose to glucose

Heteropolysaccharides

Heteropolysaccharide	Constituents	Linkage between 2 monosaccharide of disaccharide units	Linkage between repeating unit
Hyaluronic acid	D-glucuronic acid and N-Acetyl-D-glucosamine	β (1-3)	β (1-4)
Chondroitin	D-glucuronic acid and N-Acetyl-D-galactosamine	β (1-3)	β (1-4)



Hyaluronic acid



Chondroitin sulphate

Structures and Roles of Some Polysaccharides

<i>Polymer</i>	<i>Type*</i>	<i>Repeating unit[†]</i>	<i>Size (number of monosaccharide units)</i>	<i>Roles/significance</i>
Starch				Energy storage: in plants
Amylose	Homo-	($\alpha 1 \rightarrow 4$)Glc, linear	50–5,000	
Amylopectin	Homo-	($\alpha 1 \rightarrow 4$)Glc, with ($\alpha 1 \rightarrow 6$)Glc branches every 24–30 residues	Up to 10^6	
Glycogen	Homo-	($\alpha 1 \rightarrow 4$)Glc, with ($\alpha 1 \rightarrow 6$)Glc branches every 8–12 residues	Up to 50,000	Energy storage: in bacteria and animal cells
Cellulose	Homo-	($\beta 1 \rightarrow 4$)Glc	Up to 15,000	Structural: in plants, gives rigidity and strength to cell walls
Chitin	Homo-	($\beta 1 \rightarrow 4$)GlcNAc	Very large	Structural: in insects, spiders, crustaceans, gives rigidity and strength to exoskeletons
Dextran	Homo-	($\alpha 1 \rightarrow 6$)Glc, with ($\alpha 1 \rightarrow 3$) branches	Wide range	Structural: in bacteria, extracellular adhesive
Peptidoglycan	Hetero-; peptides attached	4)Mur2Ac($\beta 1 \rightarrow 4$)GlcNAc($\beta 1$	Very large	Structural: in bacteria, gives rigidity and strength to cell envelope
Agarose	Hetero-	3) D -Gal($\beta 1 \rightarrow 4$)3,6-anhydro-L-Gal($\alpha 1$	1,000	Structural: in algae, cell wall material
Hyaluronate (a glycosaminoglycan)	Hetero-; acidic	4)GlcA($\beta 1 \rightarrow 3$)GlcNAc($\beta 1$	Up to 100,000	Structural: in vertebrates, extracellular matrix of skin and connective tissue; viscosity and lubrication in joints